

THE VOICE

TEMPLE JUDEA
PALM BEACH GARDENS FLORIDA

ADAR/NISAN 5785 MARCH 2025

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Rabbi Yaron Kapitulnik
Rabbi Rose Durbin
Cantorial Soloist Kaylene Cole
Rabbi Joel Levine, DD, Rabbi Eméritas

Beyond the Purim Costume: Finding Courage to Show Our True Faces

Symbols of concealment and revelation, masks have always been an integral part of our Purim celebrations. And as we approach the holiday of Purim (which falls this year on Friday, March 14th) I couldn't help but think of the role these Purim masks play in our lives. For these masks serve as both a joyous celebration and a profound metaphor for the complexities of identity and truth in our lives. Our sages teach us in Megillah 13b that Esther's very name comes from the word "hester" (hiding), because she had to hide her true identity. Just like Esther, we all hide parts of ourselves. We all walk around, all the time, with different masks for different situations. At work or at the club, with friends or with family, when sitting at a board meeting or dressing up to go to the theater – we switch them up faster than we might be willing to admit!

Today I want to think together with you about the benefits these masks bring to us, but also the damage they might cause and the danger they pose. You see, the various masks and identities we adopt throughout the day help us present carefully curated versions of ourselves. These everyday masks serve as shields, helping us navigate different social contexts, they help us adapt to challenging situations and deal with challenging people in our lives, these masks help us “fit in” in a world that is more complicated and divided than ever before. But these masks can also become barriers that prevent authentic connections and self-expression. They can become fake images we sell to others, and ones we slowly start confusing with our true selves. The question becomes: when does adaptive social behavior cross the line into inauthentic living?

Exploring this idea further, our Torah gives us a fascinating insight. When Moshe came down from Mount Sinai, his face was radiating with such intense light that he had to wear a veil or a mask (Exodus 34:33). But here's the thing – he took it off when he spoke to God. The message? Sometimes masks are necessary, but with those we truly value, with those we call our closest friends, when we feel we are in the presence of God, we need to show our true face. Like Queen Esther, we sometimes conceal parts of ourselves out of necessity or fear. But unlike her strategic concealment, our modern masks often become habitual, unconsciously worn even in situations where we could safely show our true selves. The challenge lies in discerning when these masks serve a purpose and when they merely perpetuate patterns of disconnection from our authentic selves and others. This story suggests that God will always see your true face. There is no hiding from that. And this, my friends, is frightening for it requires us to be vulnerable, to accept and to love who we truly are.

Vulnerability isn't easy – trust me, I know! Oscar Wilde hit the nail on the head when he said, "Be yourself; everyone else is already taken." But in today's world of Instagram filters and carefully curated social media posts, being real feels scarier than ever. Yet, just like Queen Esther found the courage to reveal her true identity when it really mattered, we too can find that strength. And just as she had the courage to tear the mask from the face of Haman, and to show the King that his beloved and trusted advisor was not who he thought he was, we too need the courage to tear the masks of the faces of those in our lives who call themselves friends but in truth do not truly care for us.

Every year when Purim rolls around, it's like God is giving us this amazing opportunity to think about our own masks and the masks of other people in our lives. Here's the powerful truth, my friends: while we're commanded to wear costumes on Purim, we're also commanded to live truthfully every other day of the year. The Kotzker Rebbe taught us that if a person is real, God is with them, but if they're fake, God says, "Either both of us will dwell here, or neither of us will." This is a powerful teaching that reminds us that just as God is authentic and real, humans are called to mirror this quality. When we present a false version of ourselves, we create a spiritual barrier that makes it difficult for God's presence to dwell with us. When we wear masks in our relationships, when we are not true to ourselves or others - God is absent. And please don't be alarmed by his uncompromising approach to spiritual truth, saying that there is no middle ground when it comes to authenticity in our relationship with others and with God. We can't expect to maintain a genuine connection with the Divine while living behind masks. So, here's my challenge to you: Let's use this Purim to commit to being a little more real, a little more authentic, and a little more ourselves. To tear off masks that prevent us from seeing the true faces of others as well as ourselves. Be your true self. That's exactly who God created you to be – and that's absolutely perfect.

(Written with the support of Claude - my new AI companion)

Rabbi Yaron

Don't miss this month's guest speaker!

Shalom Temple Judea,

IMHO (in my humble opinion), experiencing a star sighting (seeing a famous person in real life) is one of the great thrills in life. Even though it was 15 years ago now, I still remember my best star sighting like it was yesterday. Matt and I were eating at a trendy hotel in NYC's meatpacking district, and we saw Glenn Close across the bar- it was so exciting! So, you can only imagine how excited I am to experience a star sighting right here at Temple Judea when we welcome Talmud scholar and TikTok sensation Miriam Anzovin on March 24th. Miriam is a star in every way- not only does she have star-worthy style, her adorable videos always featuring her signature blowouts and "Very Jewish makeup tutorials" - she is also a creative comic genius, using "millennial speak" to engage 24,000 followers on Instagram and 35,000 on TikTok (you, your children and grandchildren can follow her on both sites @miriamanzovin). Miriam, now a self-described "secular Jewish nerd and storyteller" grew up in an Orthodox family and loves combining the wisdom of our sages with modern internet culture, pop culture, and current events. Her relatable and highly insightful Talmudic commentary has garnered over half a million "likes" on TikTok.

We can learn a great deal about successfully engaging young people in Jewish life from Miriam's massive following on TikTok.

Recent data shows that for young people, who live on TikTok (and were panicked during the brief TikTok ban), TikTok is the number one provider of news and information for teenagers and young adults. And so, where, especially since October 7th, have most young people been getting their information about Judaism, Anti-Semitism, and Israel? TikTok! That is why highlighting the many talented influencers producing pro- Jewish and pro- Israel content has become more important than ever. I am so excited to learn from Miriam Anzovin, and I hope you will join us for what I'm sure will be a lively and thought-provoking presentation!

Through Miriam's "Daf Reactions" videos, in which she gives her deeply learned, relatable and hilarious "feminist hot takes" on the Talmud "daf" (page) she studies each day, she has engaged tens of thousands of young people in daily Talmud study. She has inspired so many to join her in the current cycle of Daf Yomi, the 7-year cycle of studying a "daf yomi" (one page per day) of the Talmud.

This last cycle began in 2000, and as the world went virtual during Covid, online study groups sprang up all over the world and flocked to her videos where she empowers Talmudic study as a long-distance chevrotah (study partner). Young people, feeling especially isolated during the pandemic, got to join this huge book club and connect to Jews across the world. In another popular series of videos called “Jewish Lore Reactions”, she explores her favorite characters and stories from the Torah and shares her authentic reactions, with heartfelt and comedic commentary, always finding the Jewish joy.

So many young people relate to her videos because she makes our seemingly impenetrable sacred texts accessible to all, as she role models serious engagement in text not as a teacher, nor as a rabbi, but rather as a fellow learner. Through her content, she invites Jews of all backgrounds and non-Jews as well to join her on this journey and to personally connect with Jewish tradition. As her bio puts it so perfectly, “Miriam exists at the intersection of Sefaria (Sefaria.com features a comprehensive library of Jewish text) and Sephora.” As she recently shared with Hadassah magazine, “My identity helps others see themselves as learners: “Hey, if this secular feminist can love the Talmud and find profound value in it, maybe there’s a place for others who don’t fit the stereotype of people who study Talmud.”

As committed as I know so many of us are to Jewish continuity and growing Jewish joy L’dor V’dor, from generation to generation- connecting with Jewish content on TikTok and sharing it with the young people in your lives is an awesome place to start. Miriam’s success, and Jewish TikTok in general, teaches us that We MUST meet young people where they are- which we can only hope is somewhere near the intersection of Sefaria and Sephora.

With gratitude,

Rabbi Rose

Update from Morli Fidler

Dear TJ Family,

Worship

A very big thank you to all our members for your patience, kindness, and flexibility during the past few months.

We know many of you worked to find creative solutions to share your love of Judaism with your visiting family and friends during our members only worship request.

We are delighted to share that we will be offering double services for March and the first two Fridays in April. Shabbat worship will be held from 5:30 p.m. – 6:30 p.m. and 7:30 p.m. – 8:45 p.m. We will continue to offer a pre-oneg at 5:00 p.m. And we will have challah for participants of the later service.

We are grateful to Rabbi Allison Cohen, a local rabbi who is currently serving in a full-time role as a certified chaplain, who will be helping our clergy team. Prior to her role as a chaplain, Rabbi Cohen served Congregation B'nai Israel in Boca Raton, Florida as an Assistant and Associate Rabbi. Rabbi Cohen is a graduate of Hebrew Union College, Cincinnati and Brandeis University where she earned her degree in Sociology and also studied voice for four years.

Membership

We are continuing to add prospective members to our waitlist and each month we can add a few new members to our temple family. If you know of someone who is interested in membership, please encourage them to join the list. We are working in chronological order – so names not on the list will just take even longer to join.

Social Hall

We are delighted to share that we will be freshening up our social hall this month. This includes removal of the current wallpaper, painting the walls a fresh, bright white, and wallpapering the accent boxes. We will also be recarpeting the entire room and installing a new hearing loop which will provide amplification throughout the entire room.

A big thank you to Rita and Burt Tansky for generously underwriting the carpeting and to Beryl and Bob Schneider for generously underwriting the painting and wallpaper.

Morli

TJ PRAYS

Shabbat Worship

Fridays, March 7, 14, 21, 28

**5:30 p.m. – 6:30 p.m. at Temple Judea
with a pre-Oneg at 5:00 p.m.**

and

7:30 p.m. – 8:45 p.m. at Temple Judea

ALL services are also available via Livestream at

<https://venue.streamspot.com/5795f45a>

Minyan

Mondays at 9:30 a.m. via ZOOM with Michael Ross

Thursdays at 9:30 a.m. in person at TJ with Rabbi Yaron or via Livestream

Friday, March 7th

Rabbi Yaron welcomes his dear friend,

Professor Daphna Hacker.

Prof. Hacker is a full professor at the Law Faculty and the Women and Gender Studies Program, Tel Aviv University. She is a legal scholar and a sociologist. Her research focuses on the intersection of law, families and gender, and is published in three books and prestigious Israeli and international legal and socio-legal journals.

She will speak about women in the Torah.





Friday, March 14th
5:30 p.m. or 7:30 p.m.

A wicked Purim!

Come in Pink or Green
or any other costume....



Saturday, March 22nd at 5:30 p.m.

(Carlin Park, 400 State Rd. AIA, Jupiter)

With Rabbi Yaron and Rabbi Nir Barkin and Rabbi David Azolay
from Congregation Yozma in Israel!

Please bring your own beach chair.

In the event of inclement weather, this service will be held at
Temple Judea.



GEVUROT – Turning 80 years old!

Honoring all our members who have achieved this magnificent lifecycle milestone!

Friday, March 28th at 5:30 p.m. and 7:30 p.m.

In Pirke Avot 5:22(ethics of our ancestors), the rabbis teach us what to expect during each decade of our lives. For example, we learn that at age forty we receive wisdom, at age fifty we become able to give counsel, at age seventy we receive the fullness of years, and at age eighty we receive strength. After all, Moses was believed to be 80 when he led the Jews out of Egypt and when he transmitted the Torah! The *gematria* (our numerology tradition which assigns value to certain Hebrew letters) of 80 is the Hebrew letter peh. The word peh also means “mouth,” and since we speak with our mouths, once you reach the age of 80, you are seen as having powerful communication skills. At the age of 80, we recognize that one’s strength does not necessarily come from your physical prowess, but from the life experiences and lessons that come with living for eight decades. Rabbi Yaron will offer you a special blessing in front of the Torah and we will all celebrate the wisdom, power and strength that comes with the privilege of living 80 years.



“Passover affirms the great truth that liberty is the inalienable right of every human being.” Morris Joseph

FREEDOM SHABBAT

Friday, April 11th

when our voices join with the choir from
the Combined Choirs of Tabernacle Baptist Church

REMEMBER A CHILD SHABBAT

Friday, April 25th at 5:30 p.m.



Join us for this special Shabbat when we invite all our past Bar/Bat Mitzvah students to join us on the Bimah to honor the memory of a child who perished during the Holocaust and never had their own Bar/Bat Mitzvah.



Join us for Shabbat Dinner!

Dinner is at 6:30 p.m.

Note: you can attend either the early or late service

\$32 / adult and \$20/ child ages 5-12.

Children under 5 are free.

Friday, March 7th – RSVP by March 5th at noon

Caesar salad – Romaine lettuce, Parmesan cheese, Rosemary croutons, and creamy Caesar dressing

Chicken Pesto Meatballs

Eggplant Parmesan

Pasta Primavera – Fresh vegetables with a White Wine Garlic Sauce

Garlic Bread

Cannolis, Cream Puffs, Fresh Fruit

RSVP to the office at 561-624-4633.

***Please note that we cannot issue any refunds once the headcount for the dinner has been given to the caterer.**



Adult Education

Adult Hebrew

Wednesdays at 2:00 p.m. – Intermediate

Contact the office to register.



We are excited to celebrate the minor festival of Rosh Chodesh
(the beginning of the new month).

Rosh Chodesh is known as a women's holiday, given to the Israelite women as a gift since they did not contribute their jewelry to the idolatrous golden calf. During Rosh Chodesh, women take a break from their constant tasks to share special prayers and enjoy the camaraderie of sisterhood, and we look forward to continuing that tradition.

To honor Rosh Chodesh, as on other festivals, we joyously gave sacrifices to remind ourselves of God's divinity, as commanded in the Torah. During our Rosh Chodesh celebrations at TJ, we will reflect on Hallel, our special festive psalms, and honor that special bond Jewish women share. Singing, reflection, laughter, and companionship...

Please join us! March 31, April 28

1:00 p.m.

RSVP to the office at 561-624-4633



JOIN US VIA ZOOM
SATURDAY MORNING TORAH STUDY WITH
RABBI ROSE
9:00 A.M. WORSHIP
9:30 A.M. STUDY

KABBALAH
Mondays at 10:30 a.m. with
Ellie Schweitzer
at Temple Judea

Sisterhood – **NEW EVENT!!**

Rabbi Yaron invites all Sisterhood members to a Shabbat brunch and lecture with his dear friend, Professor Daphna Hacker

Saturday, March 8th at Noon

Women and War – a Post October 7th Perspective

Brunch is \$36/person – Sisterhood Members
\$50/person – Non-Sisterhood Members
(Omelette station, Bagels, Green Salad, Fruit Salad, Smoothie Bar,
Coffee/Juice)

RSVP to the office at 561-624-4633

שדולת הנשים בישראל
لهبيي النساء في إسرائيل
The Israel Women's Network



Women & War : A Post-October 7th Perspective

What we'll discuss

The lecture will look at Israeli society after the murderous attack of Hamas, through the gender lens. Wars are always a gendered and gendering event, and in Israel the war came at a time of an internal backlash on women's rights. While female soldiers proved their bravery and abilities, women's place in the IDF is threatened by the plan to recruit Ultra-Orthodox men. Moreover, the gendered private-public divide is intensified as women are called to care for their evacuated families in the South and the North, and for their children while the father is drafted for months. These gendered challenges are created and handled while women are absent from the formal decision making table, yet are leading an alternative vision through their inspiring activities in civil society.

Prof. Daphna Hacker



Prof. Daphna Hacker is one of the most prominent Israeli feminist leaders, who combines a successful academic career with life-long commitment to advance women's status as an activist. She was a young lawyer at the Israel Women's Network, and later a board member. In 2022, she was elected by 115 countries to serve, for four years, as an expert member of the UN Committee on the Elimination of Discrimination Against Women (CEDAW). Prof. Hacker is a full professor at the Law Faculty and the Women and Gender Studies Program, Tel Aviv University. She is a legal scholar and a sociologist. Her research focus on the intersection of law, families and gender, and is published in three books and prestigious Israeli and international legal and socio-legal journals.



Grandparent's Circle with Rabbi Yaron

Registration required and class size is limited to foster discussion.

Classes are on Mondays at 3:00 p.m. – RSVP to 561-624-4633

March 3, April 7

A course to inspire and teach participants how to nurture the Jewish identities of their grandchildren while respecting the choices of their adult children.

Jewish Grandparents Network

Answering the hard questions – Is there a God? Why do people hate us? – March 3

Spicing up the Jewish holidays – Creating unforgettable memories with your grandchildren – April 7



Wednesday, March 19th at 1:00 p.m.

Palm Beach Gardens Police Department

ID Theft and Fraud

BE ALERT! PROTECT YOURSELF!

Join us for this hour-long informational seminar.

RSVP to the office at 561-624-4633



Scholars in Residence



*Temple Judea's
Donor Appreciation Event
Sunday, March 9th
By invitation only*

Join us for a special concert by Nefesh Mountain
on Sunday, March 9th at 4:00 p.m.

This event is for donors who contributed \$1800+ above and beyond
their full-dues commitment.

RSVP to the office at 561-624-4633 by March 5th



8TH ANNUAL

One
BIG
Purim

Sunday, March 16

Mandel JCC, Palm Beach Gardens

Free and open to the community

Preschool Aged Children and Siblings

9:30 - 10:30 am

All Ages

10:30 am - 12:00 pm

**RIDES • BOUNCE HOUSES • DJ
KOSHER PIZZA • SNACKS • AND MORE!**

The JCC will be hosting a food drive benefiting the Alpert Jewish Family Service Kosher Food Pantry. Please bring a non-perishable kosher food donation to the carnival such as applesauce, tuna, peanut butter, canned fruits and vegetables, pasta, vegetarian soup and cereal.



Save time at the door—RSVP in advance at
JCOnline.com/purim

For more information contact Lissa
at LissaS@JCOnline.com or 561-712-5221



MANDEL JCC

5221 Hood Road, Palm Beach Gardens, FL 33418
JCOnline.com • 561-712-5200

GENEROUSLY SPONSORED BY



A PRUDENTIAL FINANCIAL
Jewish Federation
OF PALM BEACH COUNTY

Calling all KIDS! GRANDKIDS!
And the people who love them...
Don't miss the ONE BIG PURIM CARNIVAL!
And please bring canned goods 😊



Miriam Anzovin

March 24th at Noon– Lunch and Learn

\$22/person RSVP required 561-624-4633

Miriam Anzovin is a visual artist, writer, content creator, and massive Jewish nerd, exploring the juxtaposition of pop culture, nerd culture, and Jewish culture.

Some of her popular short-form video series include #DafReactions, #ParshaReactions, #JewishHolidayReactions, #JewishBookReactions, #AVeryJewishMakeupTutorial, the “Elder Millennials of Zion” skits, and more content on Jewish themes and ideas.

In The Daf Reactions Project, she shares her practice of daily study of the Babylonian Talmud in the Daf Yomi cycle from the viewpoint of a formerly Orthodox, now secular, Millennial feminist. The videos are her authentic reactions, with commentary both heartfelt and comedic, putting ancient discourse in direct communication with modern internet culture, pop culture, and current events.

Her role in her work is not as a teacher, nor as a rabbi, but rather as a fellow learner, a fellow traveler, on the path of Jewish discovery. Through her videos, writing, and art, she invites others to walk beside her on this journey and connect with Jewish teachings in ways that are relatable and personally meaningful to them.

Miriam was the first Artist in Residence at Moishe House and was previously the host of The Vibe of the Tribe podcast. She is currently represented for speaking engagements by Jewish Speakers Bureau, and The Daf Reactions Project is a grateful grantee partner of Lippman Kanfer Foundation for Living Torah.

Miriam will speak openly about how her life experiences as a formerly Orthodox woman, and now secular Jew, led her to deep emotional engagement with Jewish text study. She will discuss her spiritual journey, Daf Yomi, the genesis of her viral TikTok videos, and being a “Talmud Influencer” in the public eye.

SECOND SEDER

You're Invited...

Sunday, April 13th

4:30 p.m. Gathering; 5:00 p.m. Seder

Adults \$72 - members

\$85 - non-member

Children 12 and under
\$36

(Brisket, fish, soup, sides, dessert
and all the holiday traditions)

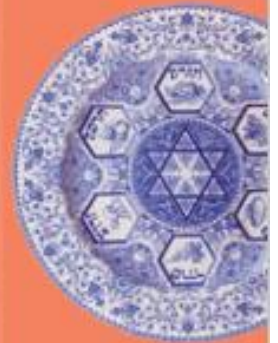
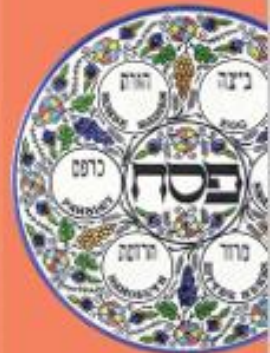
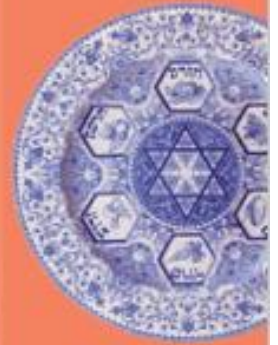
Join us for a festive
evening, dynamic
singing, rituals and a
traditional meal.

Call the temple to
make your reservation!

561-624-4633 or
pat@gotj.org



PLEASE BRING A CANNED
GOOD FOR ALL THOSE
WHO ARE HUNGRY.





Never been to Israel?



Or...Eager to go again?



NOW is your chance

We are going to Israel!

Travel to Israel with TJ and Rabbi Yaron

October 26 – November 4

Proposed Itinerary:

2 nights in Tel Aviv - The Jaffa Hotel

Tel Aviv – Innovative, off beat and creative

Peres Center for Peace and Innovation, Tasting Tour of Market, October 7th Public Art

Eretz Yisrael – At the crossroads of cultures

Anu Museum, Caesarea, Druze cooking workshop, Akko

2 nights in the North – Mitzpeh Hayamim Spa

Israel's North

Tzefat, tour upper Galilee and Lebanese border, wine tasting

Going up to Jerusalem

Beit Shearim, Mount Scopus, Machane Yehuda, Kabbalat Shabbat and Shabbat Dinner

4 nights in Jerusalem – David Citadel

The Desert Near the City

Masada, Ein Bokek, Dead Sea, Ein Gedi Nature Reserve – will also have another option for seasoned Israel travelers

The Horrors of October 7

Western Negev, Assaf Siboni Overlook, visit to Kibbutz that was attacked, Sderot, Nova Festival, Tekuma Car Cemetery

Layers of Jerusalem

Tal Becker, legal advisor to Israeli Ministry Foreign Affairs, Old City of Jerusalem, Taste of Jerusalem food tour, beneath Western Wall, National Library

Memories for the Future

Dr. Rachel Korazim -Memory of Holocaust in Contemporary Israel Society, Yad Vashem, Mount Herzl, Ein Kerem, Supreme Court, Knesset, Israel Museum

Cost will depend on number of participants. Range is \$6700- \$7900 – double occupancy. Single supplement +\$2200. Includes: daily breakfast, six lunches, seven dinners, all site admissions. The cost doesn't include airfare, three lunches, two dinners, or gratuities. You will be responsible for booking your own airfare.

To register – please call the temple with a \$1000 non-refundable deposit / person. (Refundable only if TJ cancels the trip)

We will ascertain interest and take deposits until March 30th. Assuming we have enough participants – the deposits would be transferred to the purveyor beginning of April.

Please note that the purveyor, Makor, has a contact for travel insurance – but this is for health insurance and only health related cancellations. Cancel for any reason insurance is not available to Israel.

Communities

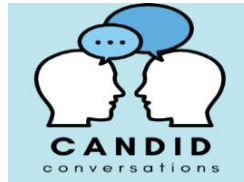
TJ's Book Club at 10:30 a.m. at TJ or via Zoom

<https://us02web.zoom.us/j/86321524611?pwd=Z2IINHBENTNpaUFVFRVJHbUJsM0I5QT09>

Meeting ID: 863 2152 4611 Passcode: 910340

March 3 rd	<i>Tap Dancing on Everest</i>	Mimi Zieman, MD
April 7 th	<i>The Forgotten Bookstore in Paris</i>	Daisy Wood

Questions: Contact Beth Baker at bethloves@gmail.com.



CANDID CONVERSATIONS FOR WOMEN at 1:00 p.m.

Please join our energetic, enlightened, and enjoyable women's group which is designed for female members of Temple Judea. Topics are chosen for small and large group participation and discussion and are selected to strengthen the bond friendship and support for all who attend. Topics are user-friendly but not political.

Participating attendees enjoy sharing experiences and learning from one another through communication and reflection during topic discussions. It is friendly and cozy to be together in a comfortable and confidential space to explore relevant topical matters that will enhance the joyful meaning of the group.

March 6, 2025	Exploring Our Lives
March 20, 2025	Are Negative Emotions Always Bad?
April 3, 2025	What Are the Keys to Living Longer!
April 17, 2025	Let's Explore Solitude!
May 8, 2025	Are My Coping Strategies Working?
May 22, 2025	Time to Revisit Mindfulness Meditation.

Marcia Grobman received her master's degree in social work from Barry University, Miami Shores, Florida and is a licensed clinical social worker (LCSW). She is also a certified addiction professional (CAP) and a certified clinical geriatric social worker (CSW-G). Marcia worked for Palm Beach County Public Safety Department, Palm Beach County Sheriff's Office, Alpert Jewish Family Services and Morse Geriatric Center. She has been in practice for over 40 years.

Registration is required and class size is limited.

Contact Randi at randi@gotj.org or 561-624-4633.

TEMPLE JUDEA invites you...



LET'S TALK ABOUT MENTAL HEALTH ...BECAUSE IT TOUCHES US ALL

Learn how to recognize and help an individual who may be experiencing a mental health or substance use challenge.

Learning Objectives:

- To recognize changes, signs and symptoms in behavior
- To learn how to safely approach someone in need
- To highlight the importance of self-care

Course Agenda:

- Define mental health, mental illness and recovery
- How to approach someone in need
- Impact of mental health challenges
- Suicide and non-suicidal self-injury (NSSI)
- Self-Care

Join us for an interactive presentation

Date: March 12th

Time: 10:00 a.m. - 11:30 a.m.

Location: Temple Judea

RSVP by March 7th to 561-624-4633

Attendee Information:

Name:

Address:

Email:

Facilitated by:

Community Mental Health First Aid Instructors

Cindy Wides: cwides@gmail.com | Phone: 317-370-1122

Carolyn Yasuna: yasuna@att.net | Phone: 561-762-9707



**Join Rabbi Rose in Tallahassee on April 1st
When we join with Moms Demand Action
An Advocacy Day to call for stronger gun safety
laws**

REGISTER with the OFFICE at 561-624-4633

Florida State Capitol

400 S Monroe St

Tallahassee, FL 32399

Tuesday, April 1st at 10:00 a.m.

Join Florida Moms Demand Action for Advocacy Day in Tallahassee on April 1 at 10 AM! This is your chance to make a meaningful impact by standing alongside fellow advocates to fight for safer communities. Together, we'll amplify the call for stronger gun safety laws. Let's show up, speak out, and make a difference!

Logistics: We will leave on Monday, March 31st, drive up together, eat dinner together and spend the night in Tallahassee. The cost of hotel will be split based on number of participants. On Tuesday, we will receive instructions, hear from inspiring speakers, and then go to the Capitol to meet with our representatives as a group and share our perspectives on this critical issue.

SOCIAL ACTION



Tuesday, March 11th HELP FEED THE HUNGRY

To benefit St. George's Food Kitchen. PLEASE CONSIDER making sandwiches at home - on white, whole wheat, or whatever bread with PEANUT BUTTER AND JELLY or TURKEY AND CHEESE or 3 slices of ANY CHEESE and small amount of mustard. **No need to cut the sandwiches.** Put each one in a baggie. One loaf of bread makes 10 sandwiches. They distribute 300 sandwiches a day - so any amount is greatly appreciated. DROP OFF YOUR SANDWICHES AT TEMPLE - MAIN DOOR any time from 9:30 a.m. - 11:00 a.m. Questions? Call the office at (561)624-4633.

VOLUNTEER OPPORTUNITY!



Join Rabbi Rose at Jupiter Elementary to read to Kindergarten and 1st Grade students once a month.

You will meet at the school at 8:30 a.m.!

Dates: 3/18; 4/22

Books will be provided.

Jupiter Elementary is located at 200 S. Loxahatchee Drive, Jupiter 33458, and is a Title 1 school.

Please call the office to sign up. Limited to 10-15 volunteers / visit.



WE NEED YOU!!! This is a great opportunity for parents and children to volunteer together!

Please join our clergy to prepare a meal for families with children getting treatment at St. Mary's Children Hospital

Adults and teens welcome!

March 30, April 27

3:00 p.m. to cook

4:30 p.m. to serve

and visit with the families. Register at 561-624-4633



*Blessed are those who are generous,
because they feed the poor.
- Proverbs 22:9*

FOOD PACKING FOR HAITI

Your two hands are capable of more than you think!

When banded together with hundreds of other individuals, in just two hours,
your two hands can make a difference.

Join us on **Saturday, March 15th at 10:30 a.m.!**

This is a perfect volunteer opportunity for anyone **ages 5-99!**

The only requirement is that you can stand for two hours.

Location: TEQUESTA COMMUNITY CENTER; 399 Seabrook Road, Tequesta

CALL RANDI TO SIGN UP at randi@gotj.org



Blankets of Love!

You provide the yarn, pattern, and time! Drop
off your finished product at TJ.

Blankets must be machine washable, dryable, and
hypoallergenic.

Knitted blankets will be donated to St. Mary's
Children's Hospital

Crocheted blankets will be donated to local
homeless shelters.

Questions: Contact Isabel Berg at
izzyberg2@gmail.com



Feeding Hope Village

Faith Deliverance Church & Feeding
Hope Village Food Pantry

Wednesdays March 5th and April 2nd

3437 Avenue O., Riviera Beach

9:30 a.m. – 1:00 p.m. to distribute
meals.

Call the office to register at

561-624-4633 or rose@gotj.org



MARCH BIRTHDAYS

1	Ethan Glasband	11	Jaymie Feiner	20	Sanford Salz
1	Kali Taylor	11	Evelyne Teres	20	Lisa Stelzer
2	Joseph Nudelman	12	Sara Densen	21	Judy Bernstein
2	Hila Sharabi	12	Evan Goldstein	21	Abby Francisco
3	Betsy Bleznak	12	Margie Janicola	21	Marleen Hacker
3	Penny Greenberger	12	Kristina Lefkowitz	21	John Shore
3	Sandy Griffel	12	Eric Singer	21	Susan Silverman
3	Moran Holtzman	13	Morton Brill	22	Spencer Bush
3	Stanley Pearlman	13	Felicia Goldberg	22	Philip Richard Frieder
3	Rita Zolot	13	Robert Graber	22	Beth Frieder
4	Tami Augen Rhodes	13	Elaine Pearlman	22	Benjamin Klein
4	Owen Richman	14	Marjorie H. Bean	22	Perry Weisberg
4	Diane Saland	14	Brynne Ellis	23	Linda Schecter
4	Neil Schlackman	14	Robert Katz	24	Jamie Emmer
4	Michael Tanchum	14	Deborah A. Krasnow	24	Roy Erlichman
4	David Thomas	14	Carol Levine	24	Barry Garber
5	Martin Bascove	14	Marcia Levy	24	Sharyn Greenhill
5	Margo Berk-Levine	14	Alan Maltz	24	Stuart Hankin
5	Ethan Brown	14	Jeri Schaefer	24	Olivia Rubenstein
5	Paula Cohen	14	Christine Shalloway	24	Jeri Siegel
5	Joel L. Dunsky	15	Marilyn Hankin	25	Ronni Stern
5	Alan Izenberg	15	Claudia Maslan-Mahan	26	Amy Barnett
5	Zoe Paul	15	Anna Kaye Sternberg	26	Julie Buckner
5	Maxwell Rosenthal	16	Jeanine Lappin	26	Taylor Katz
6	Bennett Harrison	16	Isabella Levi-Minzi	26	Elliot Paul
6	Niki Zur	16	Bonnie R. Levy	27	Kaylee Chesler
7	Edward Decter	16	Ruby Rosenthal	27	Judi Diamond
7	Charles Kruger	16	Canton Winer	27	Judith Kramer
7	Alan M. Levine	16	James K Winfree	27	Bonnie Patipa
7	Anna Schweiger	17	Sandra Bascove	27	Alan Poremba
7	Keith Sternberg	17	Linda Frankel	27	Jillian Sandler
8	Jo Ellen Alvarez	17	Byron Goldenhersh	27	Melvyn Sotnick
8	Jeremy Berg	17	Harvey Hafetz	28	Socki Berg
8	Elaine Bloom-Kanafani	17	Anna Kapustina-Fauci	28	Jonah Byer
8	Michelle Deegan	17	Ilene Kast	28	Aiden Chesler
8	Lauren Jacobson	17	Jacob Kutner	28	Maya Durbin
8	Ariana Loewenstein	17	Ruth Rosenberg	28	Dean Lewis
8	Sloane Miller	17	Oliver Stanton	28	Harold Oertell
8	Suzanne Morgan	17	Stacey Stanton	29	Jessica Nolan
8	Joanne Schwartz	18	Maricel Cumerma	29	Robert Schull
9	Marcia Pann-Capitano	19	Candice Meyer	29	Sydell Shapiro
9	Edward Sargen	19	Cynthia Ogrodnick	30	Jesse Berg
10	Barbara Brams	19	Jill Weitzman	30	Nona Fine
10	Steven Miller	20	Brooke Marks	30	Eden Harrison
10	Jordan Paulus	20	Irwin Peckman	30	Cynthia Ward
10	Barbara Sidel	20	David Perlman	31	Nancy Alperstein
				31	Ina Levy
				31	David Morgan

♥ happy ♥
anniversary

2	Israel & Jo Ellen Alvarez	22	Harvey & Helene Greenberg
2	Vaughn & Carolyn Cohan	22	Alan & Phyllis Izenberg
2	George & Diane Fellows	23	Eric & Lisa Glasband
2	Keith & Melanie Paulus	25	Steven & Elisa Sandler
5	Judge John & Alesia Hoy	26	Matthew & Jill Chait
5	Lee Michael & Rebecca Seelig	26	Peter & Marion Madoff
9	Garrett & Shaina Kamen	26	Gary & Mindy Rosenberg
12	Alan & Marilyn LeRoy	26	Barry & Donna Yaffe
12	Ethan & Kara Levinson	29	John & Janis Bell
14	Bruce & Sharon Goodman	29	Stanley & Carol Weinstock
15	Roger & Myrna Landay	30	Francisco & Elizabeth Alonso
17	James & Sonia Kay	30	Neil & Phyllis Jagolinzer

Thank you to our Oneg sponsors

Arona Landsman in honor of Bob's 85th birthday

Nancy and Bruce Leslie in honor of Ivy and Levi's baby namings

Barbara Neuberg and Neil Roberts in appreciation for the beauty of
nature and flowers

Jaymie and Michael Feiner in honor of Charli's Bat Mitzvah

**Would you like to sponsor an Oneg in honor of a simcha or to remember a
loved one? Please call the office to learn more!**

Welcome new members.....

Jessica and Howard Aronson

Amy and Craig August

Courtney and Sam Fisch and Family

Erin Schwartz and Brian Harris and Family

Heather Masciotti and Benjamin Klein and Family

Marcie and Brett Robinson

Mazel Tov



Mazel tov to Jaymie and Michael Feiner on their daughter, Charli, becoming a Bat Mitzvah on Saturday, March 1st.

Charli is a kind, creative, and compassionate 7th grader at The Benjamin School. She loves hanging out with her friends, dancing, and creating fun TikToks. Beyond her hobbies, Charli is dedicated to giving back to her community, volunteering at a local preschool whenever she has the chance and raising money to send under privileged kids to camp. With her positive energy, caring nature, and strong commitment to helping others, Charli makes a difference wherever she goes. She is so excited to be able to share this special moment of becoming a Bat Mitzvah with her family and friends.



Dear Rabbi Kapitulnik,

My family lived on a Kibbutz in Southern Israel on October 7th. It's been hard to heal from such indescribable experiences

Salina, our Emotional Support Dog from the Israel Guide Dog Center has been a blessing for our whole family. As you can see in the picture, our sweet 6-year-old Gali has been transformed by Salina's four legs, huge heart, and wet kisses.

Thank you for giving us Salina and her healing love.

Dani & Salina

TJ GIVES

General Fund

JoEllen and Israel Alvarez

*in loving memory of Charlie Steinbach,
mother of JoEllen*

Bruce Arons

in loving memory of Penny Arons

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of Gary Sterling*

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in loving memory of Harry Parness

Iris Capobianco

*in honor of Norman Barham's Bar
Mitzvah*

Rebecca Cohen

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Welles, son of Vickie Welles and Jay
Eckhaus*

Rhoda and Alan Edelman

*in loving memory of Pearl Meyer
in loving memory of Louis Tuch,
grandfather of Alan*

Alden Englander

*in honor of Norman Barham's Bar
Mitzvah*

Beth and Marvin Frank

*in honor of Norman Barham's Bar
Mitzvah*

Gae and Ronald Getlan

*in honor of Norman Barham's Bar
Mitzvah*

Barbara and Peter Gold

*in honor of Norman Barham's Bar
Mitzvah*

Loe and Gary Goldwasser

*in loving memory of Mitchell, brother
of Gary Sterling*

Sandra Goldworm

*in loving memory of my father, Jack
Lieblein*

Maria Mannino and Phyllis Gray

*in honor of Norman Barham's Bar
Mitzvah*

Zena and Harvey Hafetz

*in loving memory of Malta Hafetz,
mother of Harvey*

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*in honor of the 70th wedding
anniversary of Alan and Rhoda
Edelman*

Sheila and Michael Kirsch

*in loving memory of Howard Leicht,
father of Sheila*

Barbara and George Kramer

in celebration of our birthdays

Linda and Warren Lesser

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Mitzvah*

Rita and Bernard Levine

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Welles, son of Vickie Welles and Jay
Eckhaus*

in loving memory of Beverly Eckhaus

Kent, sister of Jay Eckhaus

Elyse and Steve Perl

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Mitzvah*

Judy and Mark Petricoff

*in honor of Norman Barham's Bar
Mitzvah*

Charlotte and Norman Plotsky

in loving memory of Harry Platt

Judi and Alan Robinovitz

*in honor of Norman Barham's Bar
Mitzvah*

Pam Slotkin and Howard Rosen

*in honor of Norman Barham's Bar
Mitzvah*

Irene Rulnick

*in loving memory of my mother,
Pauline Zudick*

Joan C. Sall

*in loving memory of my husband,
Hyman L. Sall*

Elinor and Barry Schimel

*in loving memory of Ruth and
Ralph Maden, parents of Elinor*

Penny and Greg Sherry

*in honor of Norman Barham's Bar
Mitzvah*

Lois Steinberg

*in loving memory of my brother,
Alan Rabinowitz*

Lois and Gershon Stern

*in honor of the 70th wedding
anniversary of Alan and Rhoda
Edelman*

*in honor of Norman Barham's Bar
Mitzvah*

Georgina Teitelbaum

*in loving memory of Robert
Teitelbaum*

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in loving memory of Harry Yaffe

Marge Lesser Wallen and Howard Wallen

*in honor of Case Bennett's birth,
great-grandson of Charlotte and
Norman Plotsky*

*in loving memory of Lawrence
Russack, brother of Marge*

Joan Weinberger

*in loving memory of Ruth Aarons,
sister of Richard Jacobs*

Rabbi Yaron's Discretionary Fund

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*in loving memory of my mother,
Katherine B. Halpern*

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*in honor of our grandson, Ethan
Glasband's, Bar Mitzvah, with love
from Nanny and Poppa Frank*

Robin Bernstein

*in loving memory of my mother,
Diane Rosenfeld*

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in loving memory of my wife, Leslie Birenbaum

Sara Murdoch and Thomas Burke

in honor of Stephanie Wolmer's special birthday

Suzanne Chait Magenheim

in loving memory of my sister, Elaine

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in loving memory of my father, Milton Nehemiah

Frederick Cogen

in loving memory of my mother, Elizabeth Cogen

Carolyn and Vaughn Cohan

in loving memory of Sol Cohan

Anela Corgelas

in honor of Rabbi Yaron

Randi and Herb Denmark

in honor of our children, Sydney and Brandon's, wedding and thanking Rabbi Yaron

Joel Dunsky and Family

in appreciation of Rabbi Yaron for his kindness, empathy and support on the loss of our dearest Patricia

Shelly and Judd Ettinger

in honor of Jack Chane's Bar Mitzvah, son of Christi and Jonathan in honor of Shelly's birthday

Lisa and Eric Glasband

in honor of our son, Ethan's, Bar Mitzvah and with appreciation to Rabbi Yaron

Judy and Hal Grossman

in loving memory of Janet and Abraham Grossman

in loving memory of Abraham Morgen

Marleen Hacker

in loving memory of my mother Sara Cuttler

in loving memory of my husband, Stuart Hacker

Zena and Harvey Hafetz

in loving memory of Malta Hafetz, mother of Harvey

Felice and Kenneth Hassan

in loving memory of our son, Abram

Joan Hermann

in honor of my cousin Howard Aronson's special birthday

in loving memory of Samuel Hermann, father of Milton Hermann

Joan and Peter Hoffman

wishing Neil Robert a happy 85th birthday

Marilyn and Richard Jacobs

in loving memory of Ruth Aarons, sister of Richard, and thanking Rabbi Yaron

Bruce Kerman

in loving memory of Rosalie Stern, aunt of Rosalee Savel

Nancy Kridel

in loving memory of Carolyn Schiff

Marcia and Bruce Levy

in loving memory of Carol Maslan, sister of Marcia

in loving memory of Edward David Levy, father of Bruce

Barbara Neuberg

wishing Neil Roberts a happy birthday

Ilene and Ray Nolte

with gratitude for a lovely Tu B'Shvat gathering

Deborah and Stephen Paul

in loving memory of Phillip Sunshine, brother-in-law of Dale Barzilay

Barbara Neuberg and Neil Roberts

wishing Joel Penick a happy birthday

Carole and Paul Rosen

in loving memory of Harry Berger, father of Carole

Elinor and Barry Schimel

in loving memory of Ruth and Ralph Maden, parents of Elinor

Sandra Goldworn and Neil Schlackman

in loving memory of Kathy Mohl

Carol and Steve Shain

in loving memory of Rachel Suvall

in loving memory of Barbara Feingold

Vicki and Ed Slotnick

in honor of Norman Barham's Bar Mitzvah

in loving memory of Ruth Aarons, sister of Richard Jacobs

in loving memory of Beverly Eckhaus Kent, sister of Jay Eckhaus

in loving memory of Howard Alan Welles, son of Vickie Welles and Jay Eckhaus

in loving memory of Howard Alan Welles, son of Vickie Welles and Jay Eckhaus

Linda Teitelbaum

in loving memory of my husband, Myron Teitelbaum

Sheila Rosenthal and Bruce

Warshall

in loving memory of Rhonda Weisberg

Karen and Mark Weinstein

in honor of Gabe Goodman's Bar Mitzvah, son of Jessica and Josh

in loving memory of Aaron Weinstein, father of Mark

Nancy and Mickey Wollman

wishing Neil Roberts a happy 85th birthday

Stephanie and Brent Wolmer

in loving memory of Rosalie Stern, aunt of Rosalee Savel

in honor of Norman Barham's Bar Mitzvah

Christ Family Worship

in appreciation of Rabbi Yaron

Donna Yaffe

in loving memory of Jacob Ostroff

Rabbi Rose's Discretionary Fund

JoEllen and Israel Alvarez

in loving memory of Mike Engelsher

Mazel Tov on the birth of Rowan, great-granddaughter of Nancy and Mickey Wollman

Joel Dunsky and Family

thanking Rabbi Rose for her many loving visits and compassionate service for my dear wife, Patricia

Sybil Michelson

in loving memory of my father, Louis Nulman

Lois Morse

in loving memory of Friedda Edith Wahl

in loving memory of Betty Morse

Debbi Overbeck and Family

thanking Rabbi Rose for officiating the unveiling ceremony of our beloved mother, Jayne Cohan

Barbara Neuberg and Neil Roberts

wishing Jackie Tawil a happy birthday

wishing Joel Hinderstein a happy birthday

Ruth and Mike Rosenberg

in loving memory of Adrienne Mintz, sister of Mike

in loving of Bob Rosenberg, father of Mike

Linda Teitelbaum

Mazel Tov to Evan on his Bar Mitzvah, son of Denise Silverman and grandson of Hope and Gene Silverman

Nancy and Mickey Wollman

in loving memory of Ruth Getz, mother of Nancy

Cantorial Soloist Kaylene Cole

Discretionary Fund

Sheree and Cary Friedlander

in loving memory of Rosalie Stern, aunt of Rosalee Savel and great aunt to Melanie Paulus

Ruth Gonzalez

welcoming Cantorial Soloist Kaylene Cole to TJ

Elinor and Harold Oertell

in honor of Norman Barham's Bar Mitzvah

Yvette and Steve Scherer

in loving memory of Simon Weinberg, father of Yvette

in loving memory of Murray Scherer

Adult Education Fund

Anonymous

best wishes to Neil Roberts on his 85th birthday

Susan and William Engelman

in honor of Norman Barham's Bar Mitzvah

Ellen Pollack and Alfred Friedman

in honor of Norman Barham's Bar Mitzvah

Barbara Neuberg and Neil Roberts

wishing Joan Hoffman a happy birthday

wishing Karen Karmazin a happy birthday

Elaine and Larry Rothenberg

in honor of Norman Barham's Bar Mitzvah

Gloria Hay Schwartz & Calvin M.

Schwartz Caring Community Fund

Ruth Abrams

in honor of Heather Piotrowski's marriage, daughter of Sharon and Joseph

Isabel and Steven Berg

in loving memory of Phillip Sunshine, brother-in-law of Dale Barzilay

Diane and Morton Brill

in loving memory of Howard Alan Welles, son of Vickie Welles and Jay Eckhaus

in loving memory of Beverly Eckhaus Kent, sister of Jay Eckhaus

in loving memory of Rhonda Weisberg

Cathy Demain Mann and Fred Friedman

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Ruth Gonzalez

in honor of Charlotte's birth, granddaughter of Debbie and Cary Luskin

in honor of Ellie Schweitzer's birthday

Lois Harris

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Helaine Kahn

in loving memory of Rosalie Stern, aunt of Rosalee Savel and Arleen Barton

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in loving memory of Phillip Sunshine, brother-in-law of Dale and Zvi Barzilay

Iris and Richard Podell

in loving memory of Dorothy Bram, mother of Iris

Deborah Shoenfeld

in loving memory of Elaine, wife of Gerald Gordon

Bonnie and Allen Sirkin

in loving memory of Norman Himmel, father of Bonnie

N. Deborah and Michael Stapler

Mazel Tov to Eva and Marv Schlanger of the Bar Mitzvah of their grandson, Jack

in loving memory of Arnold Kaden, father of Leslie Silver

Cynthia and Lewis Ward

in loving memory of Ruth Ward, mother of Lewis

Carrol and Jesse Zazik

in honor of Norman Barham's Bar Mitzvah

in loving memory of Betty Fruh, mother of Jesse

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Rita and Harvey Silverman

in honor of Leonard Zysman's 90th birthday

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*in loving memory of my mother,
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brother of Kathie Brown*

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special birthday*

Karen Felder

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Dondre Anthony Johnson, son of
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Melanie and Michael Lipson

*in honor of Norman Barham's Bar
Mitzvah
in honor of Millie's Bat Mitzvah,
granddaughter of Ellen and Martin
Rosenman*

Lois Steinberg

*in loving memory of my brother, Alan
Rabinowitz*

Youth Group Fund

Sheila Feldman

*in honor of Ethan Glasband's Bar
Mitzvah, son of Lisa and Eric*

Melanie and Victor Greenstein

*in loving memory of Howard
Greenstein, father of Victor*

Members who donate a minimum of \$18 per dedication to the various funds will be acknowledged in the Voice.

Acknowledgement letters will be sent to your friends and loved ones.

Thank you for your generous support!

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Cantorial Soloist Kaylene's Discretionary Fund

Adult Education Fund

Camp Fund

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