

We are excited to welcome you to our year of soulfulness!

As a kickoff to your journey, bring our annual magazine to life by creating your own masterpiece and color the cover of our annual publication. Not only is coloring a peaceful pastime, but it can also offer you a way to reflect on your personal beliefs and inner thoughts.

We can't wait to see your creation!

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Vision

WE challenge ourselves to learn, to grow, and to act guided by our traditions, teachings, and wisdom of our Torah.
WE create a warm and loving environment which allows soulful prayers to be heard.
WE build enduring relationships based on mutual respect, loving hearts, and the need for a supportive community.
WE strive to make Judaism accessible and relevant to all who seek to infuse meaning into their lives.
WE welcome, embrace, and honor the diversity of our members.
WE support our country, the State of Israel, and the Reform movement while recognizing and respecting differing points of view.

Temple Judea 4311 Hood Road | Palm Beach Gardens, FL 33410 P: 561-624-4633 | F: 561-624-4076

Mission

The mission of Temple Judea is to enrich lives by creating joyous Jewish experiences that inspire action.

> We have made our best effort to make the information contained in this publication as accurate as possible. However, please understand that it is subject to change.

Visit us on the web at gotj.org for all the latest information. Like us on Facebook at facebook.com/templejudeapbc

Messages From Our President

History

From its inception in the spring of 1981, Temple Judea has been fortunate enough to go from strength to strength. Our history begins at St. Catherine's Greek Orthodox church when twelve families founded Temple Judea. In 1987, Temple Judea moved to its first dedicated home on Chillingworth Drive in West Palm Beach.

As Palm Beach County experienced growth and change, so did Temple Judea and we began to look for a new location to better serve our congregation and Jewish community.

In 2003, we found that home on Hood Road in Palm Beach Gardens - which we affectionately call the "miracle on Hood Road" to this day. Keeping with the dynamic energy of the Reform Judaism, we began a new journey and the current chapter of our temple's story.

Rabbi Yaron Kapitulnik began his connection to Temple Judea in 2007 when he led family services for the High Holy Days. From then until 2010 he was present as a rabbinic intern and in 2010, he started as Temple Judea's Assistant Rabbi under Rabbi Joel Levine. Rabbi Levine retired in 2013 after thirty-two years of service and became Temple Judea's Rabbi Emeritus. From 2013 to 2019, Rabbi Yaron served on the bimah alongside Cantor Alicia Stillman, Temple Judea's first full-time cantor.

In May of 2020, amid the COVID pandemic, Rabbi Feivel Strauss and Cantor Abbie Strauss, joined Temple Judea's clergy as our Assistant Rabbi and second full-time Cantor. And in June 2022, Temple Judea hired Rabbi Rose Durbin as a part-time rabbi to focus on social action and social justice and Kaylene Cole as a "shenini" – second voice for worship. As Temple Judea continues to grow and enhance the lives of over 750 households in our community, we look forward to continuing the exciting blend of tradition and modernity that is part of what makes Temple Judea so unique.



On behalf of our Board of Trustees, I would like to say, "welcome to Temple Judea!" As I hope you will find in the pages of this yearly guide, our Temple Judea community is more than just a center of activities or programs, it is a home. From the clergy and staff to the individuals

and families who belong to Temple Judea, we are proud of what we have created together. At Temple Judea, day to day experiences are an opportunity to connect, to be inspired, and to feel a strong sense of belonging.

I am not alone in appreciating Temple Judea as a strong, vibrant community. At the start of our 2024 year, we have over 750 families who connect through worship, adult education, youth programming, social action, Sisterhood, our Youth Education Program, and many other various committees and programs.

I am proud to have been a member of Temple Judea for the past 19 years and to serve my third, and final year, as your President. I look forward to sharing many life-cycle events with you, participating in our temple's moving and meaningful worship experiences, socializing with you at our outings/dinners/events, and developing life-long friendships. I welcome the opportunity to get to know you, to work alongside you, and enrich our community.

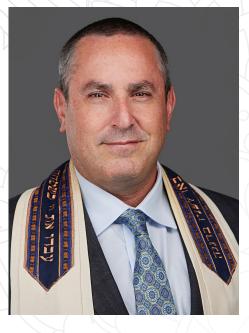
Wishing you a good year.

Respectfully,

Jason Haselkorn

President

a message from Rabbi Yaron Kapitulnik



Enhance Your Spirituality This Year "Spirituality" is one of the most frequently used words in our vocabulary, and yet one of the most ambiguous and open to interpretation. It is often used to describe the inner experiences, beliefs, and practices that give meaning and purpose to life, but its exact definition varies widely depending on cultural, religious, and personal perspectives.

Thus, it is not easy at all to define Jewish spirituality which is mostly characterized by a relationship with God, be it a deep reverence for God or the questioning of God altogether, a commitment to ethical living, a sense of historical continuity and communal identity, and a rich tapestry of ritual, study, and practice. It is a dynamic and evolving tapestry of experiences that connect us with our heritage, with each other, and with the Divine.

My favorite place in the world, and in a very weird way, a very spiritual place for me is the Machne Yehuda market in Jerusalem, so I like thinking about Jewish spirituality as a market like experience. You schlep through a bustling marketplace where merchants are yelling in Hebrew, Yiddish, and English, offering you their merchandise of ancient traditions, prayers, and books. Stands of traditional food surround you with their delicious and familiar aromas, Klezmer bands engulf you with their music, and booths with determined volunteers and development directors offer you opportunities to join them in projects of Tzedakah and Tikkun Olam. Slick vendors offer you another Judaica object or memorabilia. Tour agents want to sign you up on a trip to Israel and wandering the alleys of the marketplace, are prophets, philosophers and theologians begging for you to give them a minute of your time, so that they can share their insight with you.

And you, a brave "shopper" or seeker- determined to embark on a spiritual journey, equipped with nothing but a basket (and a little tendency to kvetch,) are trying to navigate the complex maze of what we call the

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a message from Rabbi Yaron Kapitulnik

marketplace of Jewish spirituality. Wondering what components of this market you want to put in your basket? What parts of this marketplace speak to you? Which have you already tried, and which are you willing to experiment?

As we embark on a year of spirituality at Temple Judea, we hope to offer you the best possible "buffet" of Jewish spiritual experiences. We want you to be inspired, to try new practices, to reconnect with old traditions, and deepen and strengthen those which you have already embraced. We want you to fill your basket with the various ingredients that will compose your unique Jewish spiritual experience.

Be it a new and/or old form of worship, by engaging with sacred texts, through pondering ethical and moral questions about life or by incorporating more acts of Tikkun Olam and Tzedakah into your day-to-day practices. There is an entire spiritual world waiting for you to discover it. Be it through Jewish food, Jewish music, Jewish books or Israeli culture, there is no right or wrong path to choose. There is only the path that is right for you. What matters most is the movement forward, the commitment to remain open-minded and open-hearted. The commitment to engage with your community, as we all march together on this path.

When we embark on our own individual spiritual journeys and do so in the setting of a larger community, we can experience the sense of fellowship and connection that transcends the boundaries of time and space. As we join hands with our fellow shoppers in the marketplace of Jewish spirituality, we realize that we are part of something greater than ourselves. So, dear TJ traveler, as you navigate the twists and turns of your Jewish spiritual journey, I want to share with you a quote from one of the first books that introduced me to the world of "spirituality" – it's from the book "Zen and the Art of Motorcycle Maintenance" by Robert Pirsing in which he writes:

"Mountains should be climbed with as little effort as possible and without desire. The reality of your own nature should determine the speed. If you become restless, speed up. If you become winded, slow down. You climb the mountain in an equilibrium between restlessness and exhaustion. Then, when you're no longer thinking ahead, each footstep isn't just a means to an end but a unique event in itself....To live only for some future goal is shallow. It's the sides of the mountains which sustain life, not the top."

Remember - there is no end goal, no mountain peak that in the end we say "I've done it" no moment in which we transcend from "non-spiritual to spiritual". All we have is the journey, taken step by step, a journey that continuously takes us higher and higher towards a peak we need not conquer.

Rabbi Yaron

a message from Rabbi Feivel Strauss



Enhance Your Spirituality Through Study of Talmud Torah The aim of Torah study is to take the words from the "scroll into your soul," internalizing the teachings and allowing them to shape your thoughts and actions. This process transforms the ancient wisdom of the Torah into a living guide for personal and spiritual growth. It is more than an academic endeavor. Torah study serves as a spiritual exercise that unites our hearts, minds, and souls, fostering a deeper connection to our faith and to each other.

The Torah, comprising the first five books of the Hebrew bible, is considered the central and most important document of Judaism. Learning Torah, also termed 'Talmud Torah' is the study of Jewish texts not limited to the first five books of the Hebrew bible. Talmud Torah includes the entire body of Jewish literature produced over the generations from around the world. Studying the Torah allows us to engage with these sacred texts in a way that transforms our daily lives and spiritual practices.

The word 'Torah' in Hebrew means teaching or instruction, guiding us to be the best versions of ourselves. What is unique is that our tradition also views the act of studying and learning as a mitzvah, a holy act in and of itself. There is a blessing recited before Torah study because the activity of studying is at the heart of Jewish spiritual life, offering a profound way to connect with our faith, our history, and our inner selves.

The blessing for studying is: Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tzivanu laasok b'divrei Torah.

Blessed are You, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us to engage with words of Torah.

What is remarkable about this blessing is that the focus is not on acquiring knowledge but rather on the act of engaging in Torah study! For me, Torah study is like going on a run, playing a round of golf, or taking a boat ride down the intracoastal. The goal is not to rush through as quickly as possible, rather the experience itself is the goal. In this sense, Torah study has spiritual benefits for our souls, not just for the mind. When we take time for Talmud Torah, we bring ourselves into the experience. Each individual brings their own experiences, questions, and insights to the text. This personal engagement allows for a deeper connection to the material and a more profound spiritual experience. When

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a message from Rabbi Feivel Strauss

we study the Torah, we are not just reading an old book; we are engaging in a personal dialogue with the Divine. The words of the Torah are seen as God's direct communication with each of us, and by studying them, we open ourselves up to receive divine wisdom and guidance.

While the experience of Torah study is deeply personal, there is immense power in communal learning. Just as one can pray individually, we all recognize the profound benefits of coming together to worship at temple. In this sacred space, there is a heightened sense of spirituality that emerges from the symphony of our voices united in prayer. Similarly, communal Torah study amplifies our connection to the Divine, creating a shared spiritual journey that enriches each participant. This collective engagement fosters a deeper understanding and appreciation of the sacred texts as we learn not only from the Torah but also from each other's insights and experiences. Together. we create a vibrant conversation of faith and wisdom, where the spiritual energy of the group elevates our individual and collective connection to the Divine.

The variety of spiritual experiences for a Reform Jew studying Torah can be intensely individual and diverse. Each person's engagement with the sacred texts brings unique insights and emotions influenced

by their background, culture, and spiritual needs. Some find intellectual satisfaction in exploring the Torah's teachings and discovering their relevance to modern life. Others might feel a deep sense of divine presence and connection to God through their study. This practice can inspire moments of awe, clarity, and personal growth, offering a greater understanding of their faith. Torah study among Reform Jews involves a wide range of spiritual encounters and experiences, enriching one's own Jewish identity and heritage. Here are some examples of the variety of spiritual approaches to Torah study.

Torah Study as Self-Expression

Rabbi Ariel Evan Mayse beautifully captures this experience of Torah study as a quest for meaning and selfdiscovery. "My personal experience as a student of Talmud has led me to see such a meeting with the text as a unique opportunity to confront my deepest existential, spiritual, and theological questions. What might this text be saying to me? How may I learn from it, and how should I struggle with it? What claims does it make of me, and how can it push me to a higher level of ethical and moral performance"?

Torah Study as Radical Amazement

Rabbi Abraham Joshua Heschel explains that Torah study is a spiritual practice because it is a definable concept. For something to be a practice, it must be concrete. Spirituality involves moving beyond oneself, striving to attain an understanding of or a connection to a wider appreciation for the community one is a part of, the world, and/or God. Heschel emphasizes that the primary objective of Jewish learning as a spiritual practice is to awaken a sense of awe and wonder in students, highlighting the importance of the spiritual aspect of reality. Heschel asserts that our mission should be to teach Judaism as a subject of ultimate personal significance. He says, "The significance of Judaism, therefore, does not lie in its being conducive to the survival of this particular people but in its being a source of spiritual wealth, a source of meaning relevant to all peoples." Additionally, Heschel argues: "I do not want to minimize the great importance of selfexpression in the realm of education. I only claim that in order to help a student to attain self-expression, we must first help them to attain self-attachment to sources of value experience". In Heschel's view, student growth is achieved not through unrestricted self-expression but by guiding students toward meaningful encounters with the spiritual dimension of reality.

Torah Study at Tapping into Eternity Rabbi Joseph B. Soloveitchik said about his own teaching and study of Talmud: "I have been a rosh yeshiva or a teacher of Talmud all my life...and

a message from Rabbi Feivel Strauss

when I teach, time comes to a stop for me...I do not know how to explain it, but teaching has a tremendous and a very strange impact upon me. When I teach Torah. I feel the breath of eternity on my face...the cathartic impact on me of studying Torah is rooted in the wondrous experience I always have when I open up the Talmud". When studying Torah, a person instantly is transported back in time to connect with the stories of our ancestors from thousands of years ago from all over the globe. The texts awaken us to the ultimate questions that help us look at our lives from 30,000 feet to gain perspective and wisdom. The questions we entertain help us dream and envision a future worth pondering. To take part in these age-old questions and add our voices to the conversation creates a deep sense of connection to the rich history of text study in our tradition. For this reason, our rabbis claim that one who engages in Talmud Torah acquires 'eternal life.'

Torah Study as a Spiritual Practice

Rabbi Benjamin Barer suggests that a spiritual practice is a repeated activity done in community and includes at least four essential ingredients. First, it involves an experience of "flow," an all-encompassing state where one can temporarily forget everything else in their life. This focus on the present moment leads to heightened awareness, deeper insight, and a profound sense of satisfaction. Second, it involves making the mundane sacred, as most of our lives are not lived on an elevated plane of consciousness. Third, it requires encountering something or someone greater than oneself, fostering a sense of humility and connection. Fourth, a spiritual practice only works if one engages with it in good faith from the outset. This means being open to change and understanding that it often takes many attempts before sparking a true spiritual experience.

Torah Study as Paying Attention

Rabbi Eliot Kukla, in an article about Talmud Torah as a spiritual practice writes: "I learn Talmud in order to simply learn, not to learn about something. It is the process of learning that fills my mind and nourishes my soul. Like prayer or meditation, Jewish learning is a spiritual experience in and of itself...Talmud study as a religious obligation reminds us that a spiritual life is a life spent paying close attention." Talmud Torah is a spiritual practice for paying attention to the nuances, subtleties, and details in interpersonal relationships and in how we think about ourselves.

The spirituality of Torah study is a lifelong journey that offers endless opportunities for growth and discovery. By engaging with the sacred texts of our tradition, we deepen our connection to our faith, our community, and the Divine. As we study Torah, we open ourselves to the wisdom and guidance of our ancestors, finding inspiration and insight for our own lives. The words of the Torah continue to speak to us across the generations, offering a source of spiritual nourishment and a path to personal and communal transformation.

In the words of the Talmud, "Turn it and turn it, for everything is in it." May our study of Torah lead us to greater understanding, deeper connection, and a more meaningful spiritual journey.

We would love to have you check out and participate in any one of our fantastic adult learning opportunities. Weekly Shabbat morning Torah study, monthly lunch and learn series, adult Hebrew to name a few. If you are interested or have specific questions, please contact Rabbi Feivel!

Rabbi Feivel

a message from Rabbi Rose Durbin



Enhance Your Spirituality Through Social Action and Social Justice

In 2009 I participated in a multidenominational rabbinical student mission in Senegal. Toward the end of this epic experience, I found myself exhausted, not only physically, but spiritually as well. While building latrines in a very rural village, we learned about the vast nutritional and infrastructure needs not only in Senegal, but throughout the continent of Africa. And although, as rabbinical students, we felt good about giving our time and resources to help AJWS (American Jewish World Service) with this project- we also felt overwhelmed by how much we COULDN'T do to help. Our facilitator gently reminded us that we simply can't do everything so we must prioritize our pursuits of Tikkun Olam (healing our world)- and should start with this question- what issues, challenges, injustices keep you up at night- and what gifts can YOU bring to help create change?

This is the spirituality of social actionthe realization that our souls cannot truly find Shalom- peace, wholenesswhile the world is broken- and that we have to pray not just with our souls, but also with our actions. As Rabbi Abraham Joshua Heschel said after he marched with Dr. Martin Luther King Jr. for civil rights, "I prayed with my feet." As Jews, of course we can find spirituality through our beautiful liturgical and musical traditions, as well as through study. But as we learn from the prophet Isaiah each Yom Kippur, prayer isn't enough, and neither is fasting, as Isaiah implores us "To untie the cords of the yoke, to

let the oppressed go free...to share your bread with the hungry, when you see the naked, to clothe them." We can find a heightened connection to God, to our community and to our heritage when we, as our Mishkan Tefillah siddur (prayerbook) implores us, to "Pray as it everything depended on God, and act as it everything depended on you."

After all, Jewish spirituality has always been physical- we bow and move during traditional prayer - and we show our connection to God through lighting candles, drinking wine, and even dancing the hora. We also show our connection to God when we internalize the messages of our prophets by sorting out edible tomatoes at Feeding Hope Village for our food insecure neighbor to enjoy, or by making a tasty salad for families at Quantum House who greatly need nurturing and rest. When we gather in our "Team Tikkun Olam" t-shirts and recite the social action blessing which thanks God for the privilege and ability to serve others- we are living the spirituality of social action and truly walking in God's ways. As Amos teaches us, we must "Let justice well up like water, and righteousness like an unfailing stream" - in other words- we must let our tradition inspire us toward making a social action commitment as a committed Jew. Start with realizing what keeps you up at night - and plan to bring your offerings to this cause your voice, your energy, your resources, your influence, and your menschinessinspired by our Jewish tradition to live your Jewish values.

Rabbi Rose

a message from Cantor Abbie Strauss



Enhance Your Spirituality Through Music — Connecting Hearts and Minds. Music has a special ability to touch and open our hearts in ways we can't always explain. It can take us back to cherished moments and help us relive experiences we love. This power of music is not just about memories; it connects us deeply to ourselves and to the Divine.

A familiar song or melody can evoke strong emotions and memories, serving as a bridge to important moments in our lives. Music often simplifies the complex, making the abstract clear and the distant nearby. This is especially true in spirituality. In our Reform Jewish practices, music helps make prayers and sacred texts more accessible and engaging.

Sometimes prayers are hard to understand, and studying the Torah might feel foreign. But when we add music to these texts, they come alive. The melodies help us connect more deeply with the words, engaging our minds and spirits, and bringing us closer to the essence of the prayers and Torah teachings. I hope you join one of my courses this year to better understand the music we share regularly and open yourself up to new ways to look at prayer.

Music has long played an important role in spiritual practices. At Temple Judea, music is a key part of our services. The melodies of our prayers, the chanting of the Torah, and the songs we sing during holidays and festivals create a rich spiritual experience.

Rabbi Jonathan Sacks captures this beautifully: "Judaism is a religion of words, and yet whenever the language of Judaism aspires to the spiritual, it modulates into song, as if the words themselves seek escape from the gravitational pull of finite meanings. Music speaks to something deeper than the mind. If we are to make Torah new in every generation, we must find ways of singing its song a new way. The words never change, but the music does." This quote highlights how music and spirituality are connected in Judaism. While the words of the Torah and pravers remain the same, the music evolves with each generation, allowing the timeless messages to resonate in new and meaningful ways.

The power of music also comes from its effects on our minds and bodies. Music can influence our mood, reduce stress, and even change our brainwaves. When we listen to music, especially in a spiritual context, it can help us relax and reflect, creating a space for prayer and meditation.

Studies show that music can evoke a wide range of emotions, from joy to peace. This emotional response is key to its spiritual impact. When we are moved by music, we are more open to spiritual experiences and insights. Music helps us feel more connected to ourselves, others, and to the Divine. I invite you to join me for Minyan on a Monday via zoom or Thursday in person, and you will quickly realize how your day and week is transformed.

Music is often called a universal language because it can bring people together, fostering understanding and unity across different traditions and beliefs. In our community, music serves as common

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a message from Cantor Abbie Strauss

ground where people from different backgrounds can find shared meaning and connection. Whether through shared hymns, community choirs, or musical Shabbat services, music helps bridge divides and promote a sense of community.

Personal stories and experiences with music further show its spiritual significance. Many members of our congregation have found comfort, inspiration, and transformation through music. For some, a particular song or piece of music has provided solace during tough times. For others, music has been a way to celebrate joyful occasions and express gratitude.

Consider Miriam, our prophet, who found deep spiritual meaning through music. During a challenging time, she turned to prayer and began singing and dancing. The melodies and sacred words brought her peace and a connection to God that led our people to joy and song. Miriam's story is just one example of how music can touch our souls and bring us closer to the divine.

I am inspired by our Music Sharing community who has reached over 30 members. As an open group, we meet once a month and play and sing our favorite melodies. We have performed at multiple services, and I am proud of this community showing us the power of music.

The spirituality of music is a testament to its enduring power and relevance. As Rabbi Sacks reminds us, while the words of our sacred texts remain unchanged, the music through which we express them evolves. Each generation finds new ways to sing the ancient songs, giving them fresh meaning and relevance.

Music speaks to something deeper than the mind; it touches our hearts and souls, opening us to God. In every note and melody, we find echoes of the eternal, inviting us to join in the song that has been sung throughout the ages and will continue to resonate in the hearts of future generations. As we explore the spirituality of music this year, we will discover new ways to express our faith, hopes, and love for the divine. I look forward to walking this path with you this year.

Cantor Abbie



Cantor Shira Ginsburg holds the distinguished title of Cantor Emerita of East End Temple where she served as Senior Cantor for 18 years. Temple Judea is delighted to have Cantor Shira join our clergy on the bimah as a Cantor in Residence this winter.



Kaylene Cole is a lyric soprano praised for her "opulent and vibrant tone" and is an active performer and teacher throughout her native South Florida area. We are delighted to have her as a Cantorial Soloist and an integral part of Temple Judea's clergy team as a "shenini" - a second voice. Kaylene will be joining Cantor Abbie for some of Temple Judea's special Shabbatot as well as substituting for her when she is on vacation. Don't miss these worship opportunities to be uplifted by Kaylene's angelic voice!

Worship at Temple Judea



YIZKOR MINYAN SERVICES

Saturday, October 12 Yom Kippur (Ticket Required)

Thursday, October 24 9:30 a.m. Minyan Monday, April 21 9:30 a.m. Minyan Monday, June 7, 2025 9:30 a.m. Minyan



Healing Services

Monday, November 11 4:00 p.m.

Monday, March 17 4:00 p.m.



Kabbalat Shabbat - FRIDAYS In person at Temple Judea or via Livestream NOTE THE CHANGE IN TIME FOR PART OF THE YEAR!

June 1 - November 29 Pre-Oneg 5:00 p.m. - 5:30 p.m. Worship 5:30 p.m. - 6:30 p.m.

December 6 - April 4 Worship 5:30 p.m. - 6:30 p.m. Worship 7:30 p.m. - 9:00 p.m.

April 11 - May 2025 Pre-Oneg 5:00 p.m. - 5:30 p.m. Worship 5:30 p.m. - 6:30 p.m.

TJ TOTS

For our youngest members birth -pre-K and the parents and grandparents who love them Sundays with Cantor Abbie.

Weekdays at Temple Judea

Morning Minyan year-round, including holidays Mondays by Zoom Thursdays in person at Temple Judea or by Livestream 9:30 a.m. - 10:30 a.m. A quiet moment in time with music and prayer.

9:00 a.m. - 9:45 a.m.

August 25 October 27 November 17 December 15 January 26 February 23 March 16 April 27

Holidays and Festivals



Yom Kippur

Friday, October 11 and Saturday, October 12 *Tickets Required* Worship services are held at the Eissey Campus Theatre, Palm Beach State College

> October 12 Children's service at 2:30 p.m. for kids 0-3rd grade at Temple Judea

Sukkot Saturday, October 17 - Wednesday, October 23 with a special Sukkot Oneg on Friday, October 18

Simchat Torah

Wednesday, October 23 Rejoice and dance with the Torah! Consecration of our youngest scholars - during YEP, Sunday, October 27

Hanukkah

1st Candle - Wednesday, December 25 Friday, December 27 -Candle lighting and Latke Oneg

> **Tu B'shevat** Thursday, February 13

Purim Friday, March 14 and Sunday, March 16

Passover Saturday, April 12 – 1st Seder Sunday, April 13 – 2nd Seder at Temple Judea

> **Special Minyan Services** Thursday, Yom Ha'Shoah, April 24 Thursday, Yom HaAtzmaut, May 1

Shavuot Tuesday, June 11, 2024 and June 1, 2025

Tish'a B'Av Tuesday, August 13

Selichot Saturday, September 28

Rosh Hashanah

Wednesday, October 2 and Thursday, October 3 *Tickets Required* Worship services are held at the Eissey Campus Theatre, Palm Beach State College

Thursday, October 3

Children's service 2:30 p.m. for kids 0-2nd grade and 3:45 p.m. for kids 3rd-7th grade at Temple Judea

Friday, October 4 Second Day services 9:30 a.m. at Temple Judea, Hood Road

Tashlich

Friday, October 4 at Carlin Park, Jupiter or Saturday, October 5



BEACH SHABBAT - FRIDAYS at Carlin Park in Jupiter June 21, July 19, August 16, September 6, October 4, April 18, May 23

BEACH HAVDALAH - SATURDAYS

January 11, February 15, March 22

Bring your own beach chair!

SHABBAT DINNERS with FRIENDS & FAMILY at TJ

Reservations Required. Adults: \$32/person Children 12 years and younger: \$20 Non-Members \$37.50 / adult Children under 5 are free

August 9 – after worship September 13 – after worship November 8 – 6:30 p.m. December 13 – 6:30 p.m. January 10 – 6:30 p.m. February 7 – 6:30 p.m. March 7 – 6:30 p.m. May 2 – after worship **Beach Shabbat** June 21, July 19, August 16, September 6, October 4, April 18, May 23

Pride Shabbat - June 28

Red, White and Blue Shabbat - July 5

85+ Shabbat - August 25

Pet Shabbat - November 1 - rain date November 8

Interfaith Thanksgiving Service - November 26

Gratitude Shabbat - November 29

Legacy Shabbat - December 6

Hanukkah Celebration - December 27

Musical Shabbat - January 10

Shabbat in honor of Dr. Martin Luther King, Jr. January 17

Naming Shabbat - January 24

Worship with Christ Family Worship Assembly in Riviera Beach, January 19

Choose Hope - Celebrating Warriors and Survivors January 31

Shabbat Shirah - February 7

Building a Temple - Honoring 10+ years of TJ membership - February 21

Gevurot- Honoring Members turning 80 years old March 28

Musical Shabbat - April 4

Freedom Shabbat - April 11

Remember a Child Shabbat - April 25

Shabbat Ha Gomel - May 9

ELUL

Elul is the last month of the Jewish year and the final month prior to Rosh Hashanah, the Jewish New Year. This is a month in which to spiritually prepare for the High Holy Day season of reflection and repentance.

Elul is traditionally a time of introspection and personal stock-taking, known in Hebrew as *cheshbon hanefesh* – literally "an accounting of the soul." This process is conducted in preparation for Rosh Hashanah when,



Jewish tradition teaches, all of humanity is called to account and a divine judgment is issued. The customs associated with Elul are all intended to help cultivate the proper mindset for this preparation.

Spiritual Practices for Real Life -Elul Mindfulness with Rabbi Rose

Wednesdays at 11:00 a.m. September 4, September 11, September 18 and September 25

Forgiveness: Is forgiveness spiritually important? What is our current relationship to forgiveness or how does it play out in our relationships? How can engaging more fully in the practice of forgiveness help to create more vibrant relationships with ourselves and with others?

Purpose: How do we decide what oAur calling should be? Is it something our life paths lead us to? Or something we decide we want and then set out to do? In building a life, how do we decide how we want to affect the world with our individual and unique gifts and talents?

Mindful Speech: How does speech hurt or help our relationships? Are there times when we might be unintentionally cutting ourselves or others off from the community, as a result of our speech? How can we sensitive ourselves to the power and responsibility of how we conduct ourselves with our words?

Balance: What roles do discipline and inspiration have in our creative process? In this session we will explore Kevah (fixedness or structure) and Kavanah (inspiration, intention) as they play out in our creative process, in Jewish tradition, and in our lives.



Tzedek (meaning justice), has been a mark and aspiration of the Jewish people since its beginning. Tzedek is derived from the word zakah, meaning clear or pure. From that root, it

comes to mean right or just. As a verb, it is used to mean to act on someone's behalf or to justify. One well-known cognate is tzadik, meaning a righteous or saintly person.

A few times a year, we will hold a Tzedek Shabbat and these will be services with a social justice /social action focus.

This upcoming year our Tzedek Shabbat includes:

Pride Shabbat - June 28

June is LGBTQ+ Pride Month! Hosting a Pride Shabbat service or program is an excellent way to honor the movement for LGBTQ+ equality and inclusion, to celebrate recent victories against discrimination, and to commit to the work ahead.

Gun Violence Prevention – December 13

Gun violence impacts so many individuals on a daily basis: each year thousands of Americans are killed because of gun violence, and thousands more are injured. It is time we say "enough" and put an end to this epidemic of gun violence.

January 17-20 - Shabbat honoring the memory of Dr. Martin Luther King, Jr. and focusing on racial equality.

February 14 – Environmental Shabbat in honor of Tu B'Shevat.

"God took the man (Adam)and put him in the garden of Eden to work it and to guard/protect it" (Genesis 2:15). Based on this and other Torah verses, Jews are to be *shomrei ha'adamah*, "guardians of the earth, co-workers with God in protecting the environment.

Elul Minyan

Join us on September 5, September 12, September 19 and September 26 for special introspective minyan.

Soulfulness Series

Daily videos posted each day of Elul, with messages from our clergy team to help prepare you for the High Holy Days! Posted to TJ's website and our YouTube page.

God 2.0 – TJ's Beit Midrash with Rabbi Yaron and Rabbi Feivel

•GOD•

Wednesdays at 7:00 p.m. November 6, December 4, January 8, February 5, March 5, April 2, May 7

> Celebration on Friday, May 16 during worship.

This class has a fee to help cover the cost of security. Contact the office to register.

This course offers an in-depth exploration of different theological perspectives on the nature of God within Judaism. Through the study of key theologians and thinkers from diverse backgrounds, students will gain insights into the multifaceted aspects of Jewish theology, ranging from traditional interpretations to modern and post-Holocaust reflections.

Week 1: Introduction to Jewish Theology Week 2: Maimonides and Rationalist Perspectives Week 3: Post-Holocaust Theology: Eliezer Berkovits Week 4: Secular Perspectives: Baruch Spinoza Week 5: Israeli Theology: Yeshayahu Leibowitz Week 6: Reform Jewish Theology: Eugene B. Borowitz Week 7: Personal Theology

The Spirituality of Asking Life's Big Questions with Rabbi Rose

Thursdays at 10:30 a.m. November 21, December 19, January 23, February 20

The spirituality of your life story: In what way does personal history become collective history? How does history "make a claim" on us? And how can we inspire the next generation?

The spirituality of friendships: What are the challenges and opportunities of a deep friendship? What are the necessary qualities in a true friend and what qualities do you want to emulate as a good friend? What are the disqualifying qualities in a good friend? What role does honesty play in friendship?

The spirituality of intimacy: By learning the traditional wisdom of our Jewish sources, might we be inspired to approach our romantic relationships with a new lens that fuses our contemporary lives with traditional wisdom around intimate relationships?

The spirituality of uncertainty: Making meaning in the Midbar: How can we live out our lives with new questions, even if we don't yet have the answers we desire? What is the value in uncertainty? How do we go about sitting or struggling with not knowing?

Adult Education

LUNCH & LEARN Architects of Spiritual Renewal with Rabbi Feivel

Embark on a spiritual journey that builds upon age-old teachings that have evolved through the ages. Spiritual exploration often focuses on the world beyond our immediate reach. Yet, for centuries, Jewish thinkers have emphasized the importance of introspection. They encourage us to discover the spirit within and engage our inner souls.



We will learn about this revolutionary spiritual awakening of the 18th century, pioneered by a rabbi known as the Baal Shem Tov. The innovative Baal Shem Tov was a radical spiritual reformer who re-shaped Judaism despite heavy opposition from the rabbinic elite. He stirred the spiritual imagination of the common Jew of his time, providing tools for integrating spiritual and mystical practices into daily life. He had many students who also became rabbinic leaders. This course will introduce us to eight of his most renowned disciples. Each of these disciples carried forward this spiritual legacy by founding their own schools of thought. Subsequently, each introduced their own creative spiritual practices, significantly influencing Jewish spirituality and expanding the spiritual tools available for us today.

> Rebbe Nachman of Breslov: "Eternal Optimism" – October 16

The Kotzker Rebbe: "Radical Authenticity" - November 13

Dr. Martin Buber: "Dialogic Existence" - December 18

Reb Schneur Zalman: "Spiritual Illumination" – January 15

Hillel Zeitlin: "Mystical Modernity" – February 12

> The Maiden of Ludmir: "Feminine Faith" - March 19

Reb Zalman Schachter-Shalomi: "Renewed Judaism" - April 9

Rabbi Dr. Abraham Joshua Heschel: "Divine Pathos" – May 14

There is a fee for Lunch & Learn and reservations are required.

Adult Education

We are excited to celebrate the minor festival of Rosh Chodesh



(the beginning of the new month) at Temple Judea this year. Rosh Chodesh is traditionally known as a women's holiday, given to the Israelite women as a gift since they did not contribute their jewelry to the idolatrous golden calf. During Rosh Chodesh, women take a break from their constant tasks to share special prayers and to enjoy the camaraderie of sisterhood, and we look forward to continuing that tradition here at Temple Judea.

To honor Rosh Chodesh, as on other festivals, we joyously gave sacrifices and remind ourselves of God's divinity, as commanded in the Torah. During our Rosh Chodesh celebrations here at Temple, we will reflect on Hallel, our special festive psalms, and honor the special bond Jewish women share together. Led by Rabbi Rose and Cantor Abbie, our Rosh Chodesh celebrations will be filled with singing, reflection, laughter and companionship- we look forward to having you join us.

> October 31, December 2, January 30, February 27, March 31, April 28 1:00 p.m.

Spiritual Tour of Temple Judea with Cantor Abbie

Learn the ins and outs of our Friday night service in an intimate class with Cantor Abbie! September 19 at 10:30 a.m. • November 7 at 10:30 a.m. March 6 at 10:30 a.m.



ADULT B'NEI MITZVAH

Perfect for any adult who did not have a Bar/Bat Mitzvah or if you did have Bat Mitzvah but weren't invited to read from the Torah!

A yearlong study program with our clergy offered in the evenings on a bi-weekly basis.

Cohort now forming. This class has a fee. Contact the office to learn more! Grandparent's Circle with Rabbi Yaron Registration required, and class size limited to foster discussion.



Classes are Mondays at 3:00 p.m. November 4, December 9, January 6, February 3, March 3, April 7

A course to inspire and teach participants how to nurture the Jewish identities of their grandchildren while respecting the choices of their adult children.

JEWISH GRANDPARENTS NETWORK

- L'dor vaDor engaging grandchildren growing in homes with their Jewish identity. **November 4**
- The Christmas dilemma Managing relationships with grandchildren that are raised a both Jews and Christians. December 9
- Legacy teaching grandchildren what it means to be a mensch. January 6
- Israel Talking with grandchildren about Israel.
 February 3
- Answering the hard questions- is there a God? Why do people hate us? March 3
- Spicing up Jewish holidays creating unforgettable memories with your grandchildren. **April 7**

TORAH STUDY WITH RABBI FEIVEL

Saturdays at 9:00 a.m.

June 1 – October 19 via Zoom

SPECIAL EVENT!

October 26 - Study from our temple's new Torah followed by a kiddush lunch for all learners!

> October 26 - May 31 in person at Temple Judea



MUSIC SHARING

Cantor Abbie invites you to join her as she creates a "Music Sharing" community dedicated to bringing joyous Judaism alive through music!

This community is designed for members who love to a play an instrument and/or sing.

Together you will play and create music. While all levels of experience are welcome - this group will not be lesson based so some level of mastery is needed. Looking forward to making music with you! Thursdays at 5:00 p.m.

> August 22 September 19 November 14 December 12

January 23 February 6 March 20 April 10

Please contact Cantor Abbie at abbie@gotj.org for more information!



Hebrew Conversational / Language with Rabbi Feivel

Beginning the week of October 28 Mondays at 2:00 p.m. - BEGINNERS Wednesday at 2:00 p.m. - INTERMEDIATE Please contact the office to register!



Kabbalah with Ellie Schweitzer

Mondays at 10:30 a.m. at Temple Judea

Contact the office for more information.



FREE SUMMER CONCERT

Sunday, August 18 at

4:00 p.m.



Take a Tour of TJ Monday, December 16 and Monday, February 10 at 4:00 p.m. Join Rabbi Yaron for an intimate tour and history of Temple Judea. Get an inside understanding of all the small details that make up our sacred space while getting to spend some quality time with our clergy. Please call the office to register!

MODERN MUSSAR

How to be Happier, Kinder & More Content ... No Kidding!

Patience Simplicity MUSSAY Intransformer Humility Gratitude the Loving Kindness Generosity

Mussar is the ancient

Jewish practice of refining one's middot, or character traits, with origins going back to ancient texts. For many years, studying character traits and good behaviors were often ignored in the traditional yeshivas in favor of Talmud/law study.

The Modern Mussar movement was founded in Europe in response to a perception that Jews had become too focused on rote mitzvah observance at the expense of deliberate ethical behaviors.

This class is already underway. Anyone interested in joining should contact the office so we can connect you with the teachers and discuss next steps!

Summer Classes

SUMMER LUNCH SERIES at Noon

The Spirituality of Self Care with Rabbi Rose

Breath – June 26

How does breath show up as an integral part of human beings? How might we express gratitude for something inherent in our existence? What Jewish spiritual technologies are offered?



Movement – July 24

How might movement be something that enables us to both go deeper and expand? Wht are the ways in which our lives set us up for this opportunity for healing, and where are we limited? What might dance offer us as a healing practice?

Rest – August 21

In an ever-going world, what might taking a meaningful rest look like and how might it change our well-being? How might we interact with the idea of a Sabbath as Jewish tradition's spiritual technology? Is a time of rest inherently counter-cultural? Or could it support us holistically in our modern lifestyles and pursuits? How can the essence of Shabbat help us create a "rest practice" in our modern lives?

Sacred Sensations: Exploring Jewish Spirituality Through Taste, Aroma, and Art with Rabbi Feivel

Embark on a unique exploration of Jewish spirituality as we delve into the rich interplay between sensory



experiences and spiritual practice. This course, "Sacred Sensations," invites participants to discover the deeper meanings behind everyday pleasures and artistic expressions within the Jewish tradition. Through three engaging modules, we

will explore how chocolate, coffee, and the arts are not only enjoyable but also deeply spiritual.

SELF, SOUL, AND TEXT WITH CANTOR ABBIE

A three-part series focusing on exploring Judaism through three lenses: Self, Soul and Text. These three are pillars on which our Jewish identity stands. Each is valuable in our search for God, holiness, and spirituality. This class is a journey to uncover new perspectives of our Jewish practice - culminating the year with a new-found relationship with our self, soul, and Jewish texts. Through prayer, music and collaborative study, we will find renewed meaning and connection to joyous Judaism that inspires action!

Class 1- Self – June 13 at 10:30 a.m.

This session will dig deep into the relationship between our values and our Jewish practices. Do our values influence our Jewish practice or does our Judaism influence our values? Through text, prayer, and music we will explore how Judaism can help us nurture ourselves.

Class 2- Soul – July 11 at 10:30 a.m.

The soul is something that we speak about a lot in Judaism. How does our personal relationship with God and our understanding of our Jewish Identity, shape and nurture the soul? Through text study, music, and discussion we will try to answer these eternal questions.

Class 3- Text – August 15 at 10:30 a.m.

How do we make texts our own? How do we assign them personal meaning? In this class we will open up the ideas of texts as doorways into our self and soul. How can texts help us navigate our Jewish lives and make every-day practices holy?

June 17 at 3:00 p.m.

The Spirituality of Chocolate: Explore the history of chocolate in the Jewish diaspora, its ceremonial uses, and how indulging in this sweet treat can be a moment of mindfulness and joy, reflecting on the sweetness of life as described in Jewish teachings.

July 15 at 3:00 p.m.

Brewing Traditions: The Journey of Coffee in Jewish Culture and Spirituality

August 26 at 3:00 p.m.

The Sacred in the Arts: Investigate the spiritual dimensions found in music, painting, and literature within Jewish tradition, exploring how these arts connect us to the divine and enrich our spiritual lives.

Scholars in Residence



Rabbi Karyn Kedar

January 21 and January 22

Karyn Kedar is an author, poet and inspirational speaker, writing and teaching with honesty and passion about mindfulness practice,

forgiveness, beauty, struggle, healing and love. She is an experienced rabbi who has worked with congregations and organizations through crisis, change, and transformation. As a spiritual director, mentor, and coach she guides people of all faiths as well as the seeker and the perplexed. She leads seminars, workshops, leadership training, and offers keynote speeches as well as and oneon-one and group counseling.

She writes, "Every morning that we are granted another day of life, we are invited to the miracle of awakening. Come to the edge of what you know and sit awhile. Find the courage to live fearlessly; to emerge and unfold; to create a life of meaning & purpose."

Her books include Amen: Seeking Presence with Prayer, Poetry, and Mindfulness Practice; Omer: A Counting; God Whispers: Stories of the Soul, Lessons of the Heart; and The Bridge to Forgiveness: Stories and Prayers for Finding God and Restoring Wholeness. She is a contributing poet, liturgist and essayist to numerous anthologies.







Rabbi Geoff Mitelman

February 25 and February 26

Rabbi Geoffrey A. Mitelman is the Founding Director of Sinai and Synapses, an organization that bridges the scientific and religious worlds, and is

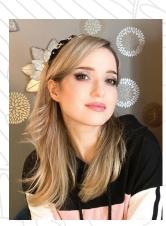
being incubated at Clal - The National Jewish Center for Learning and Leadership.

His work has been supported by the John Templeton Foundation, Emanuel J. Friedman Philanthropies, and the Lucius N. Littauer Foundation, and his writings about the intersection of religion and science have been published in the books Seven Days, Many Voices and A Life of Meaning (both published by the CCAR press) and These Truths We Hold (published by HUC Press) as well as on The Huffington Post, Nautilus, Orbiter, The Wisdom Daily, Jewish Telegraphic Agency, and My Jewish Learning. He has been an adjunct professor at both the Hebrew Union College – Jewish Institute of Religion and the Academy for Jewish Religion, and is an internationally sought-out teacher, presenter, and scholar-in-residence.

He was ordained by the Hebrew Union College-Jewish Institute of Religion, where he received the Cora Kahn Prize from the Cincinnati faculty for the most outstanding sermon delivery and oratory. An alumnus of Princeton University, he received multiple prizes for outstanding scholarship in Biblical and Judaic studies. He was selected to be a member of the first cohort of Clal's prestigious Rabbis Without Borders fellowship, a national program that seeks to position rabbis as American religious leaders and spiritual innovators who contribute Jewish wisdom to the American spiritual landscape. Additionally, he was chosen to be in the first group of the Balfour Brickner Rabbinic Fellowship, a a joint program with Clal and the Religious Action Center of Reform Judaism that aims to integrate Jewish textual tradition with modern social and political issues.

From 2007 to 2014, he served as Assistant and then Associate Rabbi of Temple Beth El of Northern Westchester, and he appeared on Jeopardy!

Scholars in Residence



Miriam Anzovin March 23 – March 24

Miriam Anzovin is a visual artist, writer, content creator, and massive Jewish nerd, exploring the juxtaposition of pop culture, nerd culture, and Jewish culture.

Some of her popular

short-form video series include #DafReactions, #ParshaReactions, #JewishHolidayReactions, #JewishBookReactions, #AVeryJewishMakeupTutorial, the "Elder Millennials of Zion" skits, and more content on Jewish themes and ideas.

In The Daf Reactions Project, she shares her practice of daily study of the Babylonian Talmud in the Daf Yomi cycle from the viewpoint of a formerly Orthodox, now secular, Millennial feminist. The videos are her authentic reactions, with commentary both heartfelt and comedic, putting ancient discourse in direct communication with modern internet culture, pop culture, and current events.

Her role in her work is not as a teacher, nor as a rabbi, but rather as a fellow learner, a fellow traveler, on the path of Jewish discovery. Through her videos, writing, and art, she invites others to walk beside her on this journey and connect with Jewish teachings in ways that are relatable and personally meaningful to them.

Miriam was the first Artist in Residence at Moishe House, and was previously the host of The Vibe of the Tribe podcast. She is currently represented for speaking engagements by Jewish Speakers Bureau, and The Daf Reactions Project is a grateful grantee partner of Lippman Kanfer Foundation for Living Torah.

Miriam will speak openly about how her life experiences as a formerly Orthodox woman, and now secular Jew, led her to deep emotional engagement with Jewish text study. She will discuss her spiritual journey, Daf Yomi, the genesis of her viral TikTok videos, and being a "Talmud Influencer" in the public eye.



Steven Rubin January 12

A former Fulbright scholar, Steve Rubin holds a Ph.D. in comparative literature from the University of Michigan. He has written and lectured extensively both here and abroad on topics related to Jewish literature. He has edited several anthologies

of Jewish writing, including Telling and Remembering: A Century of American-Jewish Poetry, Writing Our Lives: Autobiographies of American Jews, and Celebrating the Jewish Holidays: Stories, Poems, Essays. He is professor emeritus and former dean at Adelphi University.

This lecture will explore the various forms, themes, and subjects that have characterized Jewish American literature from its beginnings to the present: from Emma Lazarus in the 19th century, to the immigrant generation of poets and novelists of the early 20th century (Henry Roth, Isaac Bashevis Singer, Mary Antin), to the wellknown writers of the 50s, 60s, and 70s (Saul Bellow, Cynthia Ozick, Grace Paley, Bernard Malamud, Philip Roth), to the works of contemporary authors Nicole Krauss, Jonathan Safran Foer, Nathan Englander, and Allegra Goodman, among others. Questions to be explored and discussed include: Is there an identifiable Jewish American literature? And if so, what common themes and subjects exist? What do various Jewish authors of different backgrounds, histories, beliefs, and eras have in common? And ultimately: What do Jewish authors have to tell us about ourselves, our heritage, and our identity as American Jews?



IT IS COMPLETE!

Rabbi Yaron wrote the last letter on May 9, 2024, and we can't wait to dedicate our **NEW TORAH!**

Don't miss this year's Simchat Torah and Hachnasat Sefer Torah - the celebration of bringing our new Torah into the sanctuary!

Wednesday, October 23

UNDERSTANDING THE AMENDMENTS -Know before you vote!

Monday, October 28th at 4:30 p.m. at Temple Judea with Dr. Kevin Wagner

Dr. Wagner received his J.D. from the University of

Florida and worked as an attorney and member of the Florida Bar in Palm Beach Gardens, Florida. He



left the full-time practice of law and returned to the University of Florida to earn an M.A. and PhD in political science. He is the Department Chair in Political Science at FAU and was awarded the LLS Distinguished Professorship in Current Affairs twice. His research area is technology and politics, both in the United States and abroad. He has co-authored two books and many research articles in this area.

He was so amazing - we invited him to play for the entire congregation - Don't Miss It!

SAUL DREIER AND HIS HOLOCAUST SURVIVOR BAND

Saul is 98 and a Holocaust survivor. Honor him. Remember them. Sunday, November 3 at 3:00 p.m.

In 2014, I read an article about the woman who was a pianist. She passed away when she was 108 years old, and she was a Holocaust Survivor. In her memory I decided to put together a HOLOCAUST SURVIVOR BAND. I woke up my wife and told her that I would like to put together a Holocaust Survivor Band. She said: "What you need it for, you are crazy". Next, I went to my spiritual leader, and I told the same story, he said: "Saul you retired almost 15 years, what you need it for, you crazy". I didn't listen to nobody. I went to the music store,



and I bought a new set of drums. I came home and my wife asked me where were you? I went shopping. By the way I bought you the present, you must go with me to the car I will show you. When I opened the car, she saw the brand-new set of drums. She said: "Either you go, or the drums go". I convinced her to keep the drums. Eventually I rented a room in temple, and I advertised a free concert. For free everybody shows up and my wife too.

Saul has now played around the world and at the Vatican, the White House and in Israel.



DRUM CIRCLE Sunday, December 15 Monday, January 13 Monday, May 12

SAVE THE DATE Tuesday, November 26

Interfaith THANKSGIVING SERVICE

Rev. Martin Luther King Jr. Interfaith Prayer Service

January 17-January 19



ENGAGE WITH PAPER MIDRASH the perfect blend of creating meaningful Jewish moments and bringing out the artist in each participant.

"Torah Study with Knives" for Adults • "Fold and Cut" for Religious School

November 17 and November 18



MUSICIAN IN RESIDENCE

Rick Recht February 28 Rick Recht is one of the most influential and celebrated Jewish artists and leaders of our time. His innovations in Jewish music, media, and leadership training have had a profound impact on the fabric of Jewish life. Recht is the national celebrity spokesman for PJ Library and the founder and Executive Director of Songleader Boot Camp (SLBC) – a premiere national leadership training conference. He is also the founder and Executive Director of Jewish Rock Radio (JRR) and JKids Radio, the first highcaliber, 24/7 international Jewish music radio networks. Additionally, Recht serves as Artist in Residence at United Hebrew Congregation in St. Louis, Missouri.

Not only is Rick one of the best known Jewish musicians, he is also one of Cantor Abbie's dear friends and mentors!

DONOR APPRECIATION EVENT Concert with Nefesh Mountain • Sunday, March 9th at 4:00 p.m.



A special invitation only event for any donor who gives \$1800+ to TJ above and beyond your full-dues annual commitment. **Members only please**. As a reminder, dues only cover 60% of our annual expenses and without YOU we couldn't continue to honor our commitment to never allow finances to stand in the way of membership to our sacred community. Thank you!

Our vision is to never turn anyone away who cannot afford to but who wants to be a member of our sacred community. But this vision is only possible when other members help offset any shortfalls.

This event is a special thank you for YOU!



Israel Movement for Reform and Progressive Judaism התנועה הרפורמית יהדות מתקדמת בישראל

ISRAEL GRANT

Temple Judea's Board of Trustees in honored to be able to support pluralistic Judaism in Israel. For the third year, TJ's Board has approved a \$10,000 contribution to be presented to agencies, temples, and leaders, who are working to further the value of an inclusive Israel. Each year a task force is formed to evaluate candidates and present the awards.

Save The Date!

Cantor Abbie's Second Concert FROM THE MOUNTAINTOP February 13, 2025

Counseling and Consultation

SUMMER MINDFULNESS MEDITATION SERIES

with Marcia Grobman, LCSW June 6, July 11, August 1 at 1:00 p.m.

BEREAVEMENT

Healing after the loss of a loved one is a challenging time. You are the one who is grieving and as such, each person's journey is different. The "Healing Journey" will assist with the healing process in a safe, nurturing, supportive and loving environment. Contact the office for more information.

Marcia Grobman is a Licensed Clinical Social Worker and received her master's degree in social work from Barry University, Miami Shores, Florida. She is also a Certified Addiction Professional and has a great deal of experience working in the field of addiction recovery.

She was employed by Palm Beach County Board of County Commissioners and the Palm Beach County Sheriff's Office from 1982 - 1991. After her tenure with Palm Beach County/Palm Beach County Sheriff's Office, Ms. Grobman taught college courses at Palm Beach State College and South University. She also worked at Morse Geriatric Center now known as Morse Life. In 2002, Ms. Grobman moved to Aruba. Dutch Caribbean Island and began work with Aruba Police Department and local island hoteliers to develop and implement a comprehensive tourist safety program so named the Visibility Team. Ms. Grobman returned to Palm Beach County in 2006 and was employed by Alpert Jewish Family and Children's Services. She retired in 2017 from Jewish Family Services after eleven and a half years of service.

In addition to group discussions, Marcia is willing to offer Temple Judea members supportive counseling, information, and referrals on a one-on-one basis. Call the office to schedule a time. Mindfulness is a mild calming state that is achieved by focusing one's awareness on the present moment, also known as the "right now." During this state we acknowledge and accept our feelings and thoughts related to the present moment while withholding thoughts and feelings about the past or the future.

To be mindful is to learn how to fully appreciate life's little pleasures in the present moment. Our most precious moments, in the now, often pass by unnoticed when the mind is distracted by focusing on the future or ruminating about the past.

Research suggests that mindfulness can lower stress levels, blood pressure, improve the quality of your sleep and so much more.

Registration is required and class size is limited - contact Randi at randi@gotj.org. or 561-624-4633.

CANDID CONVERSATIONS

Candid Conversations for Women is an energetic, enlightening, and enjoyable women's group designed for female members of Temple Judea. Topics chosen for group participation and discussion are selected to strengthen the bond of friendship and support for all who attend. We choose topics that are topical and user friendly but not political.

Participating attendees enjoy sharing experiences and learning from one another through communication and reflection during topic discussions. It is nice being together in a comfortable and confidential place to explore relevant matters that enhance the joyful meaning of the group. **Our next full year series will be held on Thursdays: September 5, September 19, No sessions in October, November 7, November 21, December 5, December 19, Dates for January- May are TBD**

We begin each meeting at 1:00pm. Topics covered will include Discovering Happiness, Enriching My Personal Profile, Stimulating My Memory, Achieving Inner Peace, Understanding Successful Relationships, and Graceful Aging.

Registration is required and class size is limited - contact Randi at randi@gotj.org.

Youth Programs

JUiCY Ruach - an introduction to youth group for 3rd -5th graders. Meeting quarterly on Sundays after YEP.

JUICY Jr. - TJ's junior youth group, open to all 6th - 8th graders. Meeting approximately once a month during the school year on Saturday nights or Sunday afternoons.

JUICY - TJ's senior youth group - open to all 9th - 12th graders - meets four times a year.... Dinner with the Rabbi!

For more information on Youth Group, contact Rabbi Feivel Strauss at feivel@gotj.org

MADRICHIM

Our YEP program features Madrichim (teachers' helpers) who assist in each classroom.

TJ Madrichim are in 9th-12th grade and are vital to helping with our YEP program. Not only do they add a great deal of energy and enthusiasm to our school, but our students often look up to them as role models.

Madrichim either receive community service hours or payment for their work. If you have a teen who is interested in being a madrich or madricha, please contact Rabbi Feivel Strauss at feivel@gotj.org. Our Youth Education Program ("YEP") strives to educate, be welcoming, and most importantly be joyous - for both our students as well as their families.

We offer a Sunday program for children in grades kindergarten through sixth grade. We offer a "block" schedule each Sunday which includes time for Jewish studies, Hebrew language, "Tarbut"/Electives which change every week to include music, art, dance, cooking, time with our rabbis etc., and of course, recess / snack time so our students can form their own age-appropriate community. At the end of every Sunday, the school gathers for an assembly led by our clergy. Together we celebrate all the joys – like birthdays, accomplishments, milestones. We sing songs related to holidays, Shabbat, and being Jewish. And we add "ruach" – energy to our young community.

5th and 6th graders also attend one-on-one virtual Hebrew language sessions during the week. These are scheduled on Tuesdays, Wednesdays, and Thursdays after school. We have found that these one-on-one sessions have been very impactful in student's language mastery.

Finally, we have several special programs where parents are invited to participate. These include events like Sukkot, Simchat Torah, Hanukkah, Purim and special class specific events.

We are grateful to our families for allowing us to be their partners in their children's Jewish journey!

You shall teach these words to your children."

Deuteronomy 33:4

Marking Life's Sacred Moments



B'NEI MITZVAH

One of the most meaningful aspects of Judaism is its ability to mark sacred moments and lifecycle events. A child's Bar/Bat Mitzvah is such a moment.

But this passage is not only theirs, but for the parents and grandparents as well. As they begin this sacred journey, so too are families beginning their own journey-that of seeing your child grow into a responsible young Jewish adult. A journey of letting them start spreading their own wings as they search for their own sense of identity. This is why we invite the entire family to take an active role in this process, seeing this period as an opportunity to take to heart your own sense of Jewish practice, growth, self-realization, and fulfillment.

What does it mean to become a Jewish adult?

Students do not "have" a Bar/ Bat Mitzvah; they "become" a Bar or Bat Mitzvah. The Talmud teaches that a young person is ready at the age of 13 to understand and accept adult responsibility for mitzvot (commandments/sacred responsibilities). We, the clergy, and leadership of Temple Judea understand that: every child becoming a Bar/Bat Mitzvah is special and unique, and that every family comes from a different background, a different level of observance and has different needs, goals, and expectations

Therefore, we are offering you three different tracks to choose how you wish to celebrate your Simcha (joyous occasion). We will review these tracks with you during our first meeting which typically occurs one year prior to the scheduled Bar/ Bat Mitzvah date.

While the approach varies - the goal remains the same - we want your child to love their Bar/Bat Mitzvah experience, and for your family to feel it was meaningful, relevant, and accessible!

Our prayer for your child is that through the process of becoming a Bar/Bat Mitzvah, they will grow in love with Jewish tradition and appreciate their unique Jewish identity.

Our hope is that while you guide and support your child in the process, they learn to "own" it and feel a strong sense of accomplishment and ownership.

We are honored to be a part of their and your journey. Thank you for making Temple Judea your spiritual home.



BABY NAMINGS/ B'RIT MILAH

We invite all parents, or grandparents for their non-member children and grandbabies, to schedule a naming ceremony at Temple Judea. This ceremony is an opportunity for parents of the new baby to explain their choice of Hebrew name, its significance, and for the new baby to receive a special blessing.

This blessing acknowledges that the child has entered a brit, or covenant, with God. Blessings are also recited for the baby's well-being. The traditional wish is offered – that the child may grow into a life of study of Torah, of loving relationships, and the performance of good deeds. This ceremony can take place privately or at Temple Judea as part of our worship service.

WEDDINGS/VOW RENEWALS



It is our clergy's honor to be a part of a couple's wedding day or vow renewal. Even though Reform Jewish weddings draw much inspiration from history and tradition, they also tend to reflect a more modern, egalitarian, and flexible sensibility. The couple will work with our clergy to design a ceremony that is meaningful to both the bride and the groom. In general,

CONVERSION

Temple Judea and the Reform movement welcome and support those who chose to explore Judaism. Jews by Choice are a gift to our people and to our communities. While each person's path into Jewish life is unique, there are shared questions and experiences that are common to many. We welcome the opportunity to introduce you to Judaism and an opportunity to help guide those on a spiritual journey. If you are interested in studying with us, please contact the office. Cohorts / Classes are scheduled once there is a cohort.

CONFIRMATION

Confirmation is a year-long process of study, culminating in a beautiful ceremony for boys and girls that is tied to the Jewish holiday of Shavuot. Confirmation class is offered for 9th and 10th grade students.

Reform Jewish weddings typically include a chuppah, a ketubah, a ring ceremony, and the breaking of the glass. One major difference between a Reform and a traditional Jewish wedding is the role of the woman. In a Reform Jewish wedding ceremony, the woman shares in all the roles a man would traditionally do. Additionally, for first time marriages, our clergy will also meet with the couple for several pre-marriage sessions prior to their ceremony. Weddings can take place at either a private location or at Temple Judea. For smaller ceremonies, or vow renewals, we are happy to create an intimate sacred experience in our clergy's study under our temple's chuppah.

AUFRUF

An aufruf, which in Yiddish means "calling up", is an opportunity for an engaged couple to be called to the bimah for an Aliyah before the wedding. Our clergy are happy to perform this ceremony on a Thursday during minyan or as part of a Friday night service.

Marking Life's Sacred Moments



HANGING A MEZUZAH

A Jewish household is created by the people who live in it and by the way they act and the things they do and don't do and the beliefs they hold. To a great extent, a Jewish way of life is a portable faith: you can take it with you anywhere you go. It is generally accepted that Judaism is a religion more oriented to the holiness of time vs. the holiness of place. There are many occasions we sanctify, but very few places we call holy. Our homes are an exception - and we do this through the ritual of hanging a mezuzah in your home - be it on the front door or on any other door. If you have recently moved, or do not currently have a mezuzah on your door, please call the office to schedule this sacred ritual with one of our clergy who will happily come to your home!

FUNERAL/MEMORIAL

Jewish tradition teaches that humans are created in the image of God (Genesis 1:26). This is the underpinning of all the rituals and customs that make up a Jewish funeral. This concept extends both to the deceased and to the mourners. It is our hope to provide love and support during what can be the most difficult of times. Our clergy will coordinate all aspects of a funeral or memorial service – including the details of the service, meeting with the family, leading the funeral prayers, and delivery a eulogy. They will also help coordinate the observance of shiva, sloshim, and are available to families in mourning throughout their process.

TJ Communities

SISTERHOOD

THE WHO, WHAT, WHY OF SISTERHOOD

What is Sisterhood?

Sisterhood is the temple's women's organization that unites for programs to benefit the temple and the community, for social activities, for study, and for friendship.

Why Sisterhood?

Sisterhood is the place where women can meet and work together for the benefit of the congregation. Here, women can initiate and develop projects in which they are interested, and Sisterhood can initiate cooperative programs with other groups both within and outside the temple.

Why do you need Sisterhood?

Sisterhood provides a collective identity for the women of the congregation while providing an outlet for the creative energy, talent, and leadership potential for the individual Jewish woman.

Why does Sisterhood need you?

Sisterhood needs the support of all the women of the congregation - whether you are a mother, daughter, sister, aunt, or wife - you are a critical part of our community, our voice, and our work.

Please join us!

Sincerely, Marilyn Schwartz, President



Aug. 5 Hotel Cubα Aaron Hamburger

Sept. 9 The Librarian Spy Madeline Martin Oct. 7 The Measure Nikki Erlick

Nov. 4 Kantika Elizabeth Graver

Meeting ID: 863 2152 4611 • Passcode: 910340 Please contact Beth Baker, Chairperson, for the zoom link and questions at bethloves@gmail.com.

Dec. 2 Mother Land Leah Franqui

Jan. 6 The Last Kings of Shanghai Jonathan Kaufman Feb. 3 The Color of Water James McBride

> Mar. 3 Barbie & Ruth Robin Gerber

SAVE THE DATES

Summer Social August 28

Paint Pottery July 18

Membership Dinner November 20

Vodka/Latke with significant others December 11

> Card Party February 19

Sisterhood Shabbat March 7

Hamantashen Bake March 13 - 10:30 a.m. after minyan

BOOK GROUP Mondays at 10:30 AM. Everyone is Welcome!

The Book Group meets in person as well as by Zoom. Books for 2024/2025

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Social Action



Our sages teach that Talmud Torah, the story of Torah is the most important mitzvah because study leads to action. Our volunteer and advocacy efforts at TJ are inspired by the wisdom of our tradition,

which teaches, "It is not your responsibility to finish the work of perfecting the world, but you are not free to desist from it." Together, let us put our study into action through acts of tzedakah- acts of righteousness- so that together, as a community, we can do our part towards tikkun olam, healing our world. Our work is focused on four pillars: Advocacy, Hands-On Volunteering, Teaching our Children, and Giving Back. We strive to provide opportunities for members to engage in regular activities as well as many "pop in" individual volunteer events. Let this be the year you find the best way for you to live your Jewish values and give back- do you want to try rolling up your sleeves and diving into direct service? Are you an advocate, ready to march into your legislators' offices to speak truth to power? Are you a parent, striving to inspire tzedakah in the next generation? Check out our offerings and jump in- we can't wait for you to join us in this sacred work!

It takes a village, and we cannot make the impact in our community we would like without YOU!

DO YOU HAVE TIME TO VOLUNTEER? A little, or a lot, it doesn't matter.... JOIN US!

For questions about all programs, or how to get involved, contact Rabbi Rose Durbin at rose@gotj.org.



While there are many worthwhile causes, we will focus our advocacy efforts this year on three main causes. Would you like to lend your voice to one (or more) of these causes?

Contact the office to register to be part of our advocacy team. You will be asked to make calls, participate in strategy sessions, and lobby representatives to share our Jewish values.

> Gun Violence Reproductive Justice Fighting Antisemitism

•• Tzedek, Tzedek, Tirdof. Justice, Justice you shall pursue.

Deuteronomy 16:20

Social Action















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Quantum House is a caring and supportive home that lessens the burden for families whose children are receiving treatment in Palm Beach County for a serious medical condition. Mealtimes are a really big deal here as they have 30 families to feed daily. Join your fellow TJ congregants to become Chef for a Day! Sundays at 3:00 p.m. 7/28; 8/25; 9/22; 1/26; 2/23; 3/30; 4/27

To benefit St. George's Food Kitchen.

PLEASE CONSIDER making sandwiches at home - on any bread with PEANUT BUTTER AND JELLY or TURKEY AND CHEESE or 3 slices of ANY CHEESE and small amount of mustard. No need to cut the sandwiches. Put each one in a baggie. One loaf of bread makes 10 sandwiches. They distribute 300 sandwiches a day – so any amount is greatly appreciated.

DROP OFF YOUR SANDWICHES AT TEMPLE - MAIN DOOR on second Tuesday of every month any time from 9:30 a.m. - 11:00 a.m.

Feeding Hope Village is a community resource hub for the local population in Riviera Beach, Florida, where the needy can obtain access to free healthy food, assistance to help them from becoming homeless, employment referrals, social service and health information. Feeding Hope Village was created by Faith Deliverance Church of God Center to be a social services outreach entity. The church currently serves 750 families – around 3,000 individuals – on a monthly basis and recognized the need for additional services. Join Rabbi Rose at Feeding Hope Village in Riviera Beach to pack food for the food insecure on the first Wednesday of the month. 7/10; 8/14; 10/9; 11/6; 12/11; 1/8; 2/26; 3/12; 4/2; 5/7

Help pack food to ensure no child goes hungry! Together we will prepare weekend backpacks for school aged children. Dates TBD from 9:00 a.m. – 12:00 p.m.

Blankets of Love

Knit or crochet blankets at home for donation to children's hospitals, women's shelters, and homeless shelters. For more information contact Isabel Berg at izzyberg2@gmail.com.

Glean with your children and grandchildren – Sunday, February 9

"When you reap the harvest of your land, do not reap to the very edges of your field or gather the gleanings of your harvest. Do not go over your vineyard a second time or pick up the grapes that have fallen. Leave them for the poor and the foreigner. I am the LORD your God" (Leviticus 19:9–10).

Food Packing for Haiti

Work alongside our friends at St. Mark's Church and Good Shepherd Church to pack over 75,000 meals for the food insecure in Bondeau, Haiti. March 2025

TJ Communities



Throughout the year we support various collections that we encourage our community to support including:

- Back to School Backpacks
- High Holy Day Food Drive
- Thanksgiving Baskets for the VA hospital
- Holiday Toy Drive for Nicklaus Children's Hospital
- Noah's Ark Pet Supply Drive for Furry Friends
- Plastic Bag Collection for Feeding Hope Village
- Eyeglasses for Lions Club
- Gleaning
- Passover Chametz Food Drive
- Food Packing for Haiti

Calvin M. Schwartz and Gloria Hay Schwartz Caring Community

The Caring Community's mission is to care for and support Temple Judea's congregants in times of joy, sorrow, illness, and transition. We serve congregants who are ill, coping with a loss, or other life problems, or who simply need support. We call, write notes, provide meals, deliver food, visit, and celebrate joyous life cycle events such as marriage or welcoming new babies with a gift from the temple. As a congregation, and sacred family, it is our vision to never be too busy to reach out to one another.

For more information, or to volunteer, please contact Chairperson, Ruth Gonzalez, at ruthabramsgonzalez@gmail.com

66 Serve God with joy. Ivdu et HaShem b'Simcha

Psalms 100:2

Weingrow Endowment

Created by Terry and Frank Vaccaro, in loving memory of Terry's parents, Howard and Muriel Weingrow, the Weingrow Endowment Fund, annually supports organizations and individuals in our community who embody the value of loving your neighbor as you love yourself. This grant is presented every year during the Shabbat service of Dr. Martin Luther King Jr. weekend.

It takes a village, and we cannot make the impact in our community we would like without YOU!

DO YOU HAVE TIME TO VOLUNTEER? A little, or a lot, it doesn't matter.... JOIN US!

For questions about all programs, or how to get involved, contact Rabbi Rose Durbin at rose@gotj.org

Giving Opportunities



"I did not find the world desolate when I entered it. And as my parents planted for me before I was born, so do I plant for those who will come after me."

- Talmud

BECAUSE WE ARE YOUR FAMILY

After all, you have loved this congregation and poured your heart into it. This congregation is an enduring part of your Jewish legacy, just like your family. Make a gift to help Temple Judea continue to transform lives and inspire action, to ensure that your values and goals live on and to make a significant difference in our community.

As you plan for the future, think about what that legacy means to you... and please consider the congregation in your will or estate plan.

To learn more about how to create your Jewish legacy, please contact Morli Josza at 561-624-4633 or morli@gotj.org.

5 Reasons You Should Make a Commitment to Temple Judea's L'Dor VaDor Society and the Life & Legacy efforts:

1. Support the Future:

By committing a legacy gift to any of the participating organizations, you will be showing your support of building endowment funds that generate annual funding to benefit the organization(s) you love.

2. Support the Present:

At the conclusion of year two of the program, each organization participating in LIFE & LEGACY receives an incentive bonus of up to \$5,000 for securing enough new commitments to meet its goals.

3. Create Your Legacy:

When you establish a legacy gift, whether it's through a bequest in your will, or a portion of your IRA, or another giving vehicle, you are leaving your last lesson for your children, grandchildren, and even the community as a whole. With your legacy gift, you will be telling one and all that being generous, caring about others, and thinking about the future are important moral values. These are profound messages for Jewish community members of all ages.

4. Lead by Example:

By signing a legacy commitment, you are leading the community by stepping up and showing your dedication to your beloved organization(s). There is no monetary gift that must be made now, just your commitment, your leadership.

5. Save on Taxes:

While Temple Judea does not provide tax, legal, or financial advice, we do encourage you to contact your trusted advisor to talk about how a prospective I egacy gift can save you on capital gains taxes, estate taxes, and/or income taxes, because these savings can be significant.

Giving Opportunities

Annual High Holy Day Appeal:

Each year during the High Holy Day season we ask for your generosity and help. Gifts to the High Holy Day Appeal help offset the difference between the cost of running the temple and the 62% of expenses covered by dues. Monies raised go directly to help members in need, our youth education program, and teens.

Chai Society and Golden Chai Society:

The Chai Society and Golden Chai Society are about "people helping people." The Chai Society is \$436 above regular dues and the Golden Chai is \$1,360 above regular dues. Funds raised go directly towards providing dues assistance to members in need.

General Fund Donations:

Each month members elect to make donations in honor of or in memory of a loved one. These donations go towards our operating budget and help Temple Judea enhance its offerings to all members.

YOU CAN MAKE A DIFFERENCE!

Your gift to Temple Judea truly makes a difference - both for our members in need and to our sacred community! Each year Temple Judea has annual campaigns which raise funds to help sustain us and keep us financially and fiscally responsible. Your gift helps ensure our present and future and says, "I believe in Temple Judea!"

Each and every gift is important—no matter the amount—because each and every member is important. We are all partners in the future of our synagogue; whatever you give will have a significant impact for years to come. Thank you in advance for your generosity.

HOW TO GIVE?

There are many ways you can make a 100% tax-deductible gift in support of Temple Judea.

Specific Designated Funds:

Designated funds are another way to support Temple Judea. Rabbi's Discretionary Fund Cantor's Discretionary Fund Rabbi Joel and Susan Levine Hope & Healing Fund Adult Education Religious School Youth Group Camp Social Action Gloria Hay & Calvin M. Schwartz Caring Community Fund Renovation Fund

Capital Gifts:

Temple Judea has many naming opportunities in our main building and in our school building. Monies raised for capital gifts are used to enhance the temple's facilities and equipment.

Dedicable Items:

Tree of Life	\$250/Leaf
Pavers	\$360/Paver
Memorial Plaques	\$750/Plaque

Sponsorships:

Shabbat Sponsor	\$500
High Holy Day Music	\$540
High Holy Day Flowers	\$360
Event Sponsorship	Contact Morli Josza,
	Executive Director

L'Dor VaDor Endowment Fund:

Gifts to the endowment fund are an investment in the future of Temple Judea. Consider leaving your own legacy by supporting our fund and ensuring the long, successful future of TJ!



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